

MBNA Chester Metric Marathon 2021 Final Sun 03 Oct 2021

Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
4	01:39:34	3330	Adam	Booth	01:39:34	4	Blackburn Road Runners	Male	4	Senior Male (18-34)	2	00:18:31	01:12:27	00:08:35
5	01:39:47	3119	James	Kimber	01:39:46	5	Ellesmere Port RC	Male	5	Senior Male (18-34)	3	00:18:17	01:12:34	00:08:55
6	01:40:03	3840	Alex	Curran	01:40:02	6		Male	6	Senior Male (18-34)	4	00:17:34	01:13:24	00:09:04
7	01:41:19	3831	Chris	Melling	01:41:18	7		Male	7	Senior Male (18-34)	5	00:18:52	01:13:24	00:09:02
8	01:42:13	4061	Elizabeth	Renondeau	01:42:12	8	Cheshire Dragons	Female	1	FV40 (40-44)	1	00:19:19	01:13:42	00:09:10
9	01:43:56	4042	Mike	Henesy	01:43:54	9		Male	8	MV35 (35-39)	1	00:18:19	01:15:29	00:10:04
10	01:44:23	4020	Simon	Edwards	01:44:14	10	Buckley RC	Male	9	MV50 (50-54)	1	00:19:21	01:15:11	00:09:41
11	01:45:17	3933	Jon	Salter	01:45:14	11		Male	10	MV40 (40-44)	2	00:18:02	01:16:56	00:10:15
12	01:45:18	3861	Neil	Robinson	01:45:15	12		Male	11	MV40 (40-44)	3	00:19:15	01:16:28	00:09:31
13	01:45:20	3802	Nick	Rose	01:45:19	13	Warrington Running Club	Male	12	MV45 (45-49)	2	00:19:33	01:16:25	00:09:20
14	01:45:43	4017	Russell	Gibbons	01:45:42	14	South Cheshire Harriers	Male	13	Senior Male (18-34)	6	00:20:02	01:16:27	00:09:12
15	01:47:02	3650	Steven	King	01:46:59	16	West Cheshire Athletic Club	Male	14	MV45 (45-49)	3	00:19:38	01:17:52	00:09:28
16	01:47:03	4041	Kieran	Smith	01:46:58	15	The kilometre Club	Male	15	Senior Male (18-34)	7	00:19:39	01:18:00	00:09:19
17	01:47:39	3097	Luke	Harrison	01:47:36	17	Penny Lane Striders	Male	16	MV35 (35-39)	2	00:20:11	01:17:51	00:09:33
18	01:47:52	3939	Darren	Williams	01:47:49	18	Warrington Running Club	Male	17	MV40 (40-44)	4	00:20:58	01:17:13	00:09:37
19	01:50:03	3750	Simon	Mara	01:50:00	19	Buckley RC	Male	18	MV40 (40-44)	5	00:19:15	01:20:13	00:10:30
20	01:50:32	3985	Andy	Mayne-Flower	01:50:28	20		Male	19	MV40 (40-44)	6	00:20:23	01:20:16	00:09:48
21	01:50:58	3032	David	Oxborough	01:50:31	21	Pensby Runners	Male	20	MV40 (40-44)	7	00:20:44	01:19:52	00:09:53
22	01:52:01	4002	Jonathan	Ford	01:51:58	22		Male	21	MV35 (35-39)	3	00:19:34	01:21:41	00:10:42
23	01:52:33	4036	Lucy	Tilston	01:52:32	23	Chester Road Runners	Female	2	Senior Female (18-34)	1	00:19:44	01:22:24	00:10:23
24	01:52:55	3891	Ashley	Kennedy	01:52:52	25		Male	22	MV40 (40-44)	8	00:19:36	01:22:57	00:10:18
25	01:52:55	4063	Steven	Havelin	01:52:42	24	N/A	Male	23	Senior Male (18-34)	8	00:20:45	01:22:34	00:09:21
26	01:53:38	3993	Iwan	Evans	01:53:36	26	North Wales Road Runners	Male	24	MV40 (40-44)	9	00:20:30	01:22:40	00:10:25
27	01:53:57	3667	David	Lyth	01:53:53	28	Buckley RC	Male	25	MV35 (35-39)	4	00:20:53	01:22:31	00:10:28
28	01:54:18	3820	Dan	Minns	01:53:48	27		Male	26	Senior Male (18-34)	9	00:21:30	01:22:03	00:10:13
29	01:54:29	3949	Joshua	Bray	01:54:06	29		Male	27	Senior Male (18-34)	10	00:21:13	01:22:42	00:10:10

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1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
30	01:55:09	3656	Andrew	Carter	01:55:06	30	West Cheshire Athletic Club	Male	28	MV50 (50-54)	2	00:20:51	01:24:06	00:10:07
31	01:55:33	3879	David	Millington	01:55:14	31	Wrexham Ac	Male	29	MV50 (50-54)	3	00:21:33	01:23:06	00:10:34
32	01:55:53	4013	David	Dunning	01:55:48	32		Male	30	MV35 (35-39)	5	00:20:08	01:23:47	00:11:52
33	01:56:18	3486	Dean	Mckeown	01:56:14	33		Male	31	MV40 (40-44)	10	00:19:39	01:24:56	00:11:38
34	01:56:30	3740	Rob	Johnson	01:56:20	34	Lonely Goat RC	Male	32	MV45 (45-49)	4	00:21:38	01:24:16	00:10:25
35	01:56:48	3839	Paiwan	Dodd	01:56:45	35		Female	3	FV35 (35-39)	1	00:21:02	01:24:32	00:11:10
36	01:57:02	3150	David	Sargent	01:56:57	37	Lancaster Runners	Male	33	MV35 (35-39)	6	00:20:50	01:25:26	00:10:40
37	01:57:03	3908	David	Bridge	01:56:51	36	BTR Road Runners	Male	34	MV40 (40-44)	11	00:21:57	01:24:38	00:10:15
38	01:58:05	4051	Derek	Fullwood	01:57:59	38		Male	35	MV60 (60-64)	1	00:21:48	01:25:27	00:10:43
39	01:58:26	3972	Paul	Cain	01:58:19	41		Male	36	MV50 (50-54)	4	00:22:00	01:25:33	00:10:46
40	01:58:46	3992	Carole	Fee	01:58:46	42	East Hull Harriers & AC	Female	4	FV50 (50-54)	1		01:47:58	00:10:47
41	01:58:51	3817	Lee	Clark	01:58:48	43		Male	37	MV45 (45-49)	5	00:20:25	01:26:56	00:11:26
42	01:58:55	3090	John	Bosward	01:58:00	39	Knowsley Harriers	Male	38	MV50 (50-54)	5	00:21:46	01:25:25	00:10:49
43	01:58:58	3323	Jenny	Featherstone	01:58:57	44	Totley AC	Female	5	FV40 (40-44)	2	00:21:28	01:26:27	00:11:01
44	01:59:13	3846	Alan	Webster	01:58:18	40		Male	39	MV35 (35-39)	7	00:22:35	01:26:06	00:09:36
45	01:59:15	3604	Rob	Marsden	01:59:10	45	Sale Harriers Manchester	Male	40	MV35 (35-39)	8	00:21:20	01:26:22	00:11:27
46	01:59:35	4053	Carl	Henson	01:59:15	46		Male	41	MV45 (45-49)	6	00:22:42	01:26:50	00:09:42
47	01:59:47	3955	Nicholas	Asaggar	01:59:27	47		Male	42	MV35 (35-39)	9	00:21:44	01:26:42	00:11:01
48	02:00:01	4010	Edward	Nixon	01:59:50	48	Hinckley Running Club	Male	43	MV45 (45-49)	7	00:21:55	01:27:20	00:10:34
49	02:01:23	3377	Gary	Roberts	02:01:11	49	BTR Road Runners	Male	44	MV45 (45-49)	8	00:21:57	01:28:10	00:11:04
50	02:01:42	3518	Thomas	Muskett	02:01:37	50		Male	45	MV40 (40-44)	12	00:22:04	01:28:01	00:11:30
51	02:02:07	3799	Ugur	Capar	02:02:03	52	Mossley AFC Running Club	Male	46	MV45 (45-49)	9	00:21:07	01:29:09	00:11:45
52	02:02:33	3523	Ian	Stainthorpe	02:02:21	53		Male	47	MV60 (60-64)	2	00:22:20	01:28:51	00:11:09
53	02:02:41	3384	Woei Lin	Yap	02:01:51	51		Male	48	MV35 (35-39)	10	00:21:53	01:28:30	00:11:27
54	02:02:51	3989	Tom	Trueman	02:02:23	54		Male	49	MV35 (35-39)	11	00:22:05	01:29:20	00:10:58
55	02:02:58	3646	David	South	02:02:37	55		Male	50	MV55 (55-59)	1	00:23:03	01:28:26	00:11:06

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1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
56	02:03:00	3829	Peter	Maguire	02:02:56	56		Male	51	MV35 (35-39)	12	00:22:06	01:28:57	00:11:53
57	02:03:36	3076	Geoff	Jacks	02:03:05	57		Male	52	MV45 (45-49)	10	00:22:11	01:28:41	00:12:12
58	02:03:44	3676	Guilherme	Goyos	02:03:42	60		Male	53	MV35 (35-39)	13	00:24:38	01:29:38	00:09:24
59	02:03:52	3778	Gavin	Roche	02:03:30	59		Male	54	MV45 (45-49)	11	00:22:45	01:29:12	00:11:32
60	02:04:05	3393	Joanne	Harrison	02:03:58	63	Penny Lane Striders	Female	6	FV35 (35-39)	2	00:22:41	01:29:51	00:11:25
61	02:04:08	4068	Peter	Greenway	02:03:16	58		Male	55	MV35 (35-39)	14	00:23:37	01:28:45	00:10:52
62	02:04:21	3722	Peter	Crockard	02:03:48	61		Male	56	MV40 (40-44)	13	00:22:44	01:29:34	00:11:29
63	02:04:35	3928	Stephen	Horsman	02:03:58	62		Male	57	MV55 (55-59)	2	00:22:55	01:29:42	00:11:20
64	02:04:53	3232	James	Baker	02:04:45	67		Male	58	MV40 (40-44)	14	00:22:25	01:30:33	00:11:46
65	02:05:00	3669	John	Connaghan	02:04:42	65		Male	59	MV35 (35-39)	15	00:21:31	01:31:07	00:12:03
66	02:05:01	3819	Max	Dowell	02:04:49	68	Deestridders R.C.	Male	60	Senior Male (18-34)	11	00:21:16	01:31:48	00:11:43
67	02:05:03	3960	Martin	Highett	02:04:37	64	Chester Road Runners	Male	61	MV50 (50-54)	6	00:22:59	01:30:00	00:11:38
68	02:05:15	4048	John	Putt	02:04:42	66	South Cheshire Harriers	Male	62	MV55 (55-59)	3	00:22:32	01:30:50	00:11:19
69	02:05:28	3299	Darren	Thompson	02:05:16	69	Prestatyn RC	Male	63	MV50 (50-54)	7	00:23:26	01:30:14	00:11:35
70	02:05:59	3054	Stephen	Yardley	02:05:56	72		Male	64	MV35 (35-39)	16	00:21:54	01:31:34	00:12:27
71	02:06:06	3767	Martin	Holland	02:05:50	71		Male	65	MV40 (40-44)	15	00:22:45	01:31:09	00:11:54
72	02:06:16	3990	Matt	Watkins	02:05:31	70		Male	66	MV40 (40-44)	16	00:23:09	01:30:04	00:12:17
73	02:07:03	3095	Steve	Spencer	02:06:44	73	Birkenhead AC	Male	67	MV45 (45-49)	12	00:23:52	01:30:53	00:11:58
74	02:07:14	4033	Coyle	Roberts	02:07:02	75		Male	68	MV55 (55-59)	4	00:23:18	01:30:51	00:12:52
75	02:07:36	3078	Shane	Garner	02:06:52	74	Ellesmere Port RC	Male	69	MV45 (45-49)	13	00:23:15	01:30:59	00:12:37
76	02:07:44	3843	Zoe	Coles	02:07:31	79		Female	7	Senior Female (18-34)	2	00:23:15	01:33:00	00:11:15
77	02:07:53	3583	Martin	Findlay	02:07:21	77		Male	70	MV40 (40-44)	17	00:23:57	01:32:12	00:11:11
78	02:08:04	3115	Lee	Birchall	02:07:22	78	Nantwich Running Club	Male	71	MV40 (40-44)	18	00:23:14	01:31:31	00:12:36
79	02:08:25	3896	Marc	Thorpe	02:07:10	76	Wrekin Road Runners	Male	72	MV35 (35-39)	17	00:23:53	01:31:45	00:11:31
80	02:08:28	3348	Neil	Vicars-Harris	02:08:21	82	GOG Triathlon Club	Male	73	MV50 (50-54)	8	00:21:55	01:34:09	00:12:16
81	02:08:30	3882	Graham	Owen	02:07:57	80		Male	74	MV35 (35-39)	18	00:24:08	01:32:36	00:11:13

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1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermonth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
82	02:08:38	3859	Adam	Budd	02:08:08	81	Warrington Running Club	Male	75	Senior Male (18-34)	12	00:22:06	01:33:06	00:12:55
83	02:08:46	3231	John	Coats	02:08:23	84	Northern Masters AC	Male	76	MV55 (55-59)	5	00:24:18	01:32:48	00:11:17
84	02:08:55	3554	Ryan	Johnson-Wilcock	02:08:25	85		Male	77	Senior Male (18-34)	13	00:23:02	01:33:17	00:12:05
85	02:09:03	3962	Emma	Jackson	02:08:32	88		Female	8	Senior Female (18-34)	3	00:23:59	01:32:54	00:11:38
86	02:09:03	3264	Micheal	Thomas	02:08:53	89		Male	78	MV45 (45-49)	14	00:23:50	01:33:15	00:11:47
87	02:09:03	3961	Rebecca	Davies	02:09:02	91		Female	9	Senior Female (18-34)	4	00:21:24	01:34:16	00:13:21
88	02:09:13	3841	Steven	Moss	02:08:27	86	Widnes Running Club	Male	79	MV40 (40-44)	19	00:23:27	01:32:49	00:12:09
89	02:09:16	3265	Stuart	Vale	02:09:01	90	Deestriders R.C.	Male	80	MV40 (40-44)	20	00:23:23	01:33:27	00:12:10
90	02:09:38	3884	David	Leonard	02:08:23	83	Wrekin Road Runners	Male	81	MV45 (45-49)	15	00:23:28	01:32:44	00:12:10
91	02:09:49	3471	Jon	Evans	02:08:28	87	North Wales Road Runners	Male	82	MV55 (55-59)	6	00:23:20	01:33:01	00:12:06
92	02:09:51	3718	Susan	Plant	02:09:18	92		Female	10	FV55 (55-59)	1	00:23:35	01:33:03	00:12:39
93	02:10:02	3099	Carolyn	Pollard	02:09:38	93		Female	11	FV35 (35-39)	3	00:22:51	01:33:56	00:12:50
94	02:10:11	4043	Sarah	White	02:09:56	95		Female	12	FV45 (45-49)	1	00:23:22	01:34:06	00:12:26
95	02:10:27	3997	David	Evans	02:10:19	97		Male	83	MV50 (50-54)	9	00:21:46	01:35:20	00:13:12
96	02:10:46	3657	Simon	Lloyd	02:09:49	94		Male	84	MV40 (40-44)	21	00:24:15	01:33:47	00:11:46
97	02:11:02	4001	Darren	Owen	02:10:45	99		Male	85	MV40 (40-44)	22	00:24:15	01:34:34	00:11:55
98	02:11:02	3719	Matt	Quarmby	02:10:13	96		Male	86	MV35 (35-39)	19	00:22:09	01:35:13	00:12:50
99	02:11:24	3773	Rachel	Johnstone	02:11:09	101		Female	13	Senior Female (18-34)	5	00:22:51	01:34:25	00:13:52
100	02:11:32	3937	Anne-Marie	Taylor	02:11:25	102	South Cheshire Harriers	Female	14	FV35 (35-39)	4	00:23:28	01:35:50	00:12:07
101	02:11:38	3889	Heidi	Quigley	02:11:36	105	Bamsley Athletic Club	Female	15	FV40 (40-44)	3	00:22:56	01:34:52	00:13:47
102	02:11:41	3403	Lindsay	Widdowson	02:11:33	103		Female	16	FV40 (40-44)	4	00:24:50	01:35:13	00:11:29
103	02:11:48	3940	Twig	Galpin	02:11:09	100		Male	87	MV35 (35-39)	20	00:23:02	01:35:21	00:12:45
104	02:11:50	4057	John	Evans	02:10:25	98		Male	88	MV35 (35-39)	21	00:26:31	01:32:39	00:11:14
105	02:11:55	3783	Stuart	Campbell	02:11:34	104		Male	89	MV40 (40-44)	23	00:23:31	01:35:54	00:12:08
106	02:12:04	3441	Leanne	Scadeng	02:11:48	106		Female	17	FV40 (40-44)	5	00:24:13	01:35:42	00:11:53
107	02:12:13	3347	Audrey	Stocker	02:12:01	108	BTR Road Runners	Female	18	FV40 (40-44)	6	00:23:42	01:35:41	00:12:36

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1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
108	02:12:28	3991	Tony	Man	02:11:49	107	Penny Lane Striders	Male	90	MV50 (50-54)	10	00:24:43	01:35:34	00:11:30
109	02:12:32	3568	Michele	Alty	02:12:20	111	Wallasey Athletic Club	Female	19	FV50 (50-54)	2	00:23:28	01:36:03	00:12:48
110	02:12:34	3127	Josh	Ison	02:12:19	110		Male	91	Senior Male (18-34)	14	00:23:22	01:36:23	00:12:33
111	02:12:50	4055	James	Newman	02:12:28	112		Male	92	MV40 (40-44)	24	00:24:58	01:35:21	00:12:08
112	02:13:37	3514	Alison	Williams	02:13:20	119	Buckley RC	Female	20	FV35 (35-39)	5	00:23:16	01:37:38	00:12:25
113	02:13:43	3963	Chris	Brampton	02:12:06	109		Male	93	MV35 (35-39)	22	00:20:36	01:38:06	00:13:24
114	02:13:43	3254	Chris	McLoughlin	02:13:41	122	Fylde Coast Runners	Male	94	MV55 (55-59)	7	00:23:18	01:37:12	00:13:11
115	02:13:46	3015	Beth	Perritt	02:12:58	113		Female	21	FV40 (40-44)	7	00:24:44	01:36:58	00:11:14
116	02:13:46	3785	Karl	Beckett	02:12:59	114	North Derbyshire RC	Male	95	MV55 (55-59)	8	00:23:08	01:36:44	00:13:07
117	02:13:49	4059	Joe	Hayward	02:13:00	115		Male	96	Senior Male (18-34)	15	00:24:20	01:36:52	00:11:48
118	02:14:09	3311	Luke	Crimes	02:13:23	120		Male	97	Senior Male (18-34)	16	00:24:31	01:36:09	00:12:42
119	02:14:21	3757	Jack	Williams	02:13:11	118		Male	98	Senior Male (18-34)	17	00:24:25	01:35:12	00:13:32
120	02:14:22	3627	Phil	Mann	02:13:03	116	Helsby Running Club	Male	99	MV55 (55-59)	9	00:24:29	01:36:56	00:11:37
121	02:14:23	3628	Kate	Mann	02:13:05	117	Helsby Running Club	Female	22	Senior Female (18-34)	6	00:24:30	01:36:56	00:11:38
122	02:14:35	3617	Rob	Huntbach	02:13:37	121	Nantwich Running Club	Male	100	MV55 (55-59)	10	00:25:05	01:36:20	00:12:12
123	02:14:36	3964	James	Fowler	02:14:30	125		Male	101	Senior Male (18-34)	18	00:23:40	01:39:22	00:11:27
124	02:14:51	3548	Tim	Foxon	02:14:11	123		Male	102	MV35 (35-39)	23	00:24:05	01:37:20	00:12:46
125	02:15:22	3765	Des	Larkin	02:14:24	124		Male	103	MV50 (50-54)	11	00:24:09	01:36:55	00:13:19
126	02:15:23	3181	Gareth	Southworth	02:15:16	128	Cybi Striders	Male	104	MV55 (55-59)	11	00:23:21	01:39:09	00:12:46
127	02:15:34	3644	Olivia	Gittins	02:15:12	127		Female	23	Senior Female (18-34)	7	00:25:03	01:37:56	00:12:13
128	02:15:51	3806	Johanna	McManus	02:15:06	126	Lostock AC	Female	24	FV35 (35-39)	6	00:23:44	01:37:33	00:13:49
129	02:15:52	4012	Richard	Pankhurst	02:15:21	130		Male	105	MV50 (50-54)	12	00:25:23	01:37:44	00:12:13
130	02:15:54	3304	David	Irving	02:15:32	132	West Cheshire Athletic Club	Male	106	MV35 (35-39)	24	00:24:56	01:38:45	00:11:50
131	02:15:57	3505	Phil	Swanston	02:15:20	129		Male	107	MV50 (50-54)	13	00:24:56	01:37:46	00:12:38
132	02:16:12	3281	Ver	Bamsley	02:15:44	136		Female	25	FV40 (40-44)	8	00:24:57	01:38:10	00:12:36
133	02:16:23	3844	Russell	Whitwell	02:15:51	137		Male	108	MV45 (45-49)	16	00:25:30	01:38:31	00:11:50

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
134	02:16:24	3064	Paul	Creasey	02:15:40	134	Ellesmere Port RC	Male	109	MV40 (40-44)	25	00:24:13	01:38:01	00:13:26
135	02:16:26	3222	Elaine	Laycock	02:15:26	131	Liverpool Running Club	Female	26	FV50 (50-54)	3	00:25:11	01:38:05	00:12:10
136	02:16:33	3083	Cara	Coventry	02:16:20	140	Penyffordd Run Club	Female	27	FV35 (35-39)	7	00:25:20	01:38:55	00:12:04
137	02:16:46	3143	George	Bell	02:15:34	133	Blackburn Road Runners	Male	110	MV65 (65-69)	1	00:24:50	01:37:38	00:13:05
138	02:16:53	3019	Loma	Gold	02:16:02	138	Fetch Everyone	Female	28	FV55 (55-59)	2	00:25:45	01:38:07	00:12:09
139	02:17:04	3309	Chris	Sawyer	02:16:16	139	Valley Striders AC	Male	111	MV60 (60-64)	3	00:25:43	01:37:25	00:13:07
140	02:17:09	3911	Jane	Jennions	02:16:54	144	Deestridders R.C.	Female	29	FV40 (40-44)	9	00:24:05	01:40:21	00:12:27
141	02:17:10	3337	Paul	Watson	02:15:42	135		Male	112	MV50 (50-54)	14	00:25:09	01:38:01	00:12:30
142	02:17:22	3901	Paul	Smith	02:16:53	143	Dewsbury Road Runners	Male	113	MV55 (55-59)	12	00:25:12	01:39:06	00:12:33
143	02:17:28	3932	Jennifer	Edwards	02:17:08	146	South Cheshire Harriers	Female	30	FV60 (60-64)	1	00:25:11	01:39:50	00:12:06
144	02:17:32	4067	Keith	Clarke	02:17:13	148		Male	114	MV45 (45-49)	17	00:25:15	01:38:37	00:13:21
145	02:17:34	3038	Marlaina	Cadwallader	02:17:11	147		Female	31	Senior Female (18-34)	8	00:26:23	01:38:39	00:12:08
146	02:17:34	3761	Mark	Sams	02:17:28	151		Male	115	MV40 (40-44)	26	00:24:26	01:39:34	00:13:27
147	02:17:49	3542	Gary	Munsey	02:17:08	145	Wigston Phoenix RC	Male	116	MV50 (50-54)	15	00:24:37	01:39:29	00:13:01
148	02:17:57	3499	Mike	McEntegart	02:16:39	141	Ellesmere Port RC	Male	117	MV50 (50-54)	16	00:27:00	01:36:44	00:12:54
149	02:18:04	4035	Gary	Cross	02:17:29	152		Male	118	MV35 (35-39)	25	00:25:58	01:40:20	00:11:11
150	02:18:06	3579	Hannah	Gordon	02:17:23	150		Female	32	Senior Female (18-34)	9	00:25:12	01:39:29	00:12:40
151	02:18:06	3429	Alan	Booth	02:17:47	157		Male	119	MV50 (50-54)	17	00:24:29	01:39:50	00:13:27
152	02:18:10	3120	Lee	Bowers	02:16:49	142		Male	120	MV40 (40-44)	27	00:25:59	01:38:26	00:12:22
153	02:18:12	3551	Lindsay Anne	Purdie	02:17:44	156	Macclesfield Harriers & AC	Female	33	FV50 (50-54)	4	00:25:03	01:40:07	00:12:33
154	02:18:12	4065	Lynda	Cook	02:18:12	160	Macclesfield Harriers & AC	Female	34	FV50 (50-54)	5	00:25:30	01:40:08	00:12:34
155	02:18:14	3573	Trevor	Tommy	02:17:44	155		Male	121	MV60 (60-64)	4	00:23:23	01:40:20	00:14:00
156	02:18:18	3056	Kevin	Blount	02:18:02	158	Fitmums and Friends	Male	122	MV45 (45-49)	18	00:25:11	01:40:47	00:12:03
157	02:18:18	3934	David	Butler	02:17:41	154		Male	123	MV65 (65-69)	2	00:24:28	01:39:04	00:14:09
158	02:18:22	3439	Stewart	Foster	02:17:23	149	Wallasey Athletic Club	Male	124	MV55 (55-59)	13	00:25:47	01:38:36	00:12:59
159	02:18:24	3378	Jules	Franklin	02:18:02	159		Female	35	FV40 (40-44)	10	00:24:28	01:40:26	00:13:07

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
160	02:18:41	3598	Benedict	Cooke	02:18:34	165		Male	125	Senior Male (18-34)	19	00:21:39	01:38:54	00:18:00
161	02:18:50	4004	Mark	O'rourke	02:18:24	161		Male	126	MV35 (35-39)	26	00:23:20	01:40:15	00:14:48
162	02:18:51	3460	Jeremy	Tidmarsh	02:18:25	162	Chester Road Runners	Male	127	MV45 (45-49)	19	00:24:03	01:41:32	00:12:49
163	02:18:59	3049	Michael	Smith	02:18:30	163	Lymm Runners	Male	128	MV55 (55-59)	14	00:24:13	01:40:33	00:13:43
164	02:19:06	3883	Niamh	Gill	02:17:41	153	Chorlton Runners	Female	36	Senior Female (18-34)	10	00:26:47	01:38:48	00:12:05
165	02:19:06	3379	Charlotte	Todd-Smith	02:18:31	164	Telford Harriers	Female	37	FV40 (40-44)	11	00:25:57	01:40:20	00:12:13
166	02:19:17	3177	Mark	Widdowson	02:19:08	168	Redhill Road Runners	Male	129	MV45 (45-49)	20	00:24:55	01:39:55	00:14:17
167	02:19:39	3630	Alison	Hornby	02:18:54	166		Female	38	FV40 (40-44)	12	00:25:28	01:40:20	00:13:05
168	02:19:41	4054	Lesley	Corr	02:19:29	173	Springburn Harriers	Female	39	FV50 (50-54)	6	00:26:12	01:40:45	00:12:31
169	02:19:58	4037	Jono	Robertson	02:19:23	171	The kilometre Club	Male	130	MV35 (35-39)	27	00:25:58	01:40:23	00:13:02
170	02:20:02	3133	Angela	Tegg	02:19:09	170	West Cheshire Athletic Club	Female	40	FV45 (45-49)	2	00:26:35	01:39:53	00:12:40
170	02:20:02	3685	Julian	Tegg	02:19:09	169	West Cheshire Athletic Club	Male	131	MV50 (50-54)	18	00:26:35	01:39:52	00:12:41
172	02:20:04	3781	Adam	Broomhead	02:19:58	178		Male	132	Senior Male (18-34)	20	00:24:36	01:42:29	00:12:52
173	02:20:06	3105	Brett	Srawley	02:19:57	177		Male	133	MV45 (45-49)	21	00:23:40	01:41:22	00:14:54
174	02:20:13	3918	Neil	Tate	02:19:06	167		Male	134	MV40 (40-44)	28	00:26:44	01:39:36	00:12:45
175	02:20:13	3472	Wendy	Spreadbury	02:20:13	180	Sandbach Striders	Female	41	FV65 (65-69)	1	00:27:37	01:39:54	00:12:41
176	02:20:22	3697	Daniel	Nosworthy	02:19:25	172		Male	135	MV50 (50-54)	19	00:26:17	01:39:32	00:13:36
177	02:20:26	3212	Carly	Hughes	02:20:15	181		Female	42	FV45 (45-49)	3	00:23:36	01:42:46	00:13:52
178	02:20:27	3003	Christopher	Hunt	02:20:06	179	Buckley RC	Male	136	MV45 (45-49)	22	00:25:07	01:41:41	00:13:17
179	02:20:30	3392	Andrew	Troy	02:19:47	176	Penny Lane Striders	Male	137	Senior Male (18-34)	21	00:24:56	01:40:36	00:14:13
180	02:20:38	3771	Andy	Bateman	02:20:23	184		Male	138	MV50 (50-54)	20	00:23:15	01:43:25	00:13:42
181	02:20:47	3760	Grant	McGowan	02:20:30	186	Deestriders R.C.	Male	139	MV45 (45-49)	23	00:25:17	01:42:00	00:13:12
182	02:20:53	3929	Darren	Hill	02:20:45	188		Male	140	MV40 (40-44)	29	00:23:49	01:42:40	00:14:15
183	02:20:56	3739	Michael	Speak	02:19:44	175	Blackburn Road Runners	Male	141	MV50 (50-54)	21	00:24:56	01:41:16	00:13:32
184	02:20:58	3207	David Paul	Dunbar	02:20:23	185		Male	142	MV65 (65-69)	3	00:24:59	01:40:10	00:15:13
185	02:21:10	3506	Angus	Armstrong	02:19:36	174		Male	143	MV45 (45-49)	24	00:27:40	01:39:49	00:12:07

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
186	02:21:18	4029	Sarah	Shaw	02:20:22	183	Chester Road Runners	Female	43	FV35 (35-39)	8	00:27:13	01:40:58	00:12:09
187	02:21:19	3970	Andrew	Glen	02:21:17	192	Liverpool Running Bugs	Male	144	MV55 (55-59)	15	00:24:49	01:42:48	00:13:40
188	02:21:21	3679	Graeme	Jackson	02:21:08	191		Male	145	MV45 (45-49)	25	00:25:35	01:41:31	00:14:02
189	02:21:25	3371	Paul	Jennings	02:20:43	187		Male	146	MV40 (40-44)	30	00:26:30	01:42:27	00:11:45
190	02:21:36	3315	John	Crellin	02:20:19	182	Blackburn Road Runners	Male	147	MV35 (35-39)	28	00:26:20	01:40:51	00:13:07
191	02:21:47	3103	Stu	Taylor	02:21:18	193	Chester Road Runners	Male	148	MV45 (45-49)	26	00:25:21	01:42:54	00:13:03
192	02:21:57	3496	Sarah	Mills	02:21:28	194	Chester Road Runners	Female	44	Senior Female (18-34)	11	00:24:35	01:43:25	00:13:27
193	02:22:14	3552	Anthony	Howe	02:21:01	190	Abergele Harriers	Male	149	MV45 (45-49)	27	00:26:19	01:42:27	00:12:14
194	02:22:21	3885	Leigh-Ann	Travis	02:22:09	199		Female	45	FV45 (45-49)	4	00:24:45	01:43:50	00:13:32
195	02:22:26	3477	Dale	Warburton	02:20:56	189		Male	150	MV35 (35-39)	29	00:27:08	01:40:19	00:13:27
196	02:22:35	3815	Kirsty	Fitz-Poole	02:22:26	202	London Fronrunners	Female	46	Senior Female (18-34)	12	00:25:54	01:42:59	00:13:33
197	02:22:49	3109	David	Bailey	02:22:31	203		Male	151	MV45 (45-49)	28	00:24:37	01:44:08	00:13:45
198	02:22:50	4021	David	Goodier	02:22:31	204		Male	152	MV50 (50-54)	22	00:25:34	01:43:26	00:13:31
199	02:22:52	3438	Niall	King	02:22:06	197		Male	153	MV45 (45-49)	29	00:25:38	01:42:56	00:13:32
200	02:22:58	3214	Jason	Burry	02:21:51	195		Male	154	MV50 (50-54)	23	00:26:55	01:42:29	00:12:27
201	02:23:06	3543	Andy	Riley	02:22:09	200		Male	155	MV45 (45-49)	30	00:25:14	01:43:20	00:13:34
202	02:23:25	3116	Rebekah	Livsey	02:23:15	209	Stockport Harriers & AC	Female	47	Senior Female (18-34)	13	00:24:18	01:44:20	00:14:36
203	02:23:28	3357	Hannah	Ryan	02:22:08	198		Female	48	FV35 (35-39)	9	00:26:24	01:42:48	00:12:55
204	02:23:39	3818	Helen	Gooder	02:22:05	196	Dewsbury Road Runners	Female	49	FV45 (45-49)	5	00:25:06	01:42:23	00:14:35
205	02:23:45	3616	Mike	Wrench	02:22:22	201	South Cheshire Harriers	Male	156	MV50 (50-54)	24	00:26:25	01:43:16	00:12:41
206	02:23:45	4064	Graham	Lennie	02:23:09	206		Male	157	MV60 (60-64)	5	00:25:58	01:43:25	00:13:46
207	02:23:56	3665	Jonny	Leeson	02:22:33	205		Male	158	MV50 (50-54)	25	00:26:25	01:43:17	00:12:51
208	02:24:07	3916	Nicola	Tautscher	02:23:41	211	Bournville Harriers	Female	50	FV45 (45-49)	6	00:27:41	01:44:13	00:11:46
209	02:24:24	3398	Claire	Jamison	02:24:03	215		Female	51	Senior Female (18-34)	14	00:24:49	01:45:18	00:13:54
210	02:24:31	3290	Chris	Hopkins	02:23:42	212		Male	159	MV50 (50-54)	26	00:24:14	01:43:37	00:15:49
211	02:24:41	3066	Sean	Loughran	02:23:14	208	Kirkby Milers AC	Male	160	MV55 (55-59)	16	00:27:10	01:42:54	00:13:09

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
212	02:24:42	3948	Melinda	Oldfield	02:23:13	207		Female	52	FV45 (45-49)	7	00:27:11	01:43:01	00:13:01
213	02:24:48	3314	Sharon	Martin	02:23:22	210	Knowsley Harriers	Female	53	FV45 (45-49)	8	00:27:19	01:43:09	00:12:53
214	02:24:51	4066	Mark	Woodward	02:24:33	222		Male	161	MV65 (65-69)	4	00:25:48	01:42:53	00:15:51
215	02:24:51	3860	Matt	Worrall	02:24:51	226		Male	162	Senior Male (18-34)	22	00:24:41	01:44:15	00:15:55
216	02:25:00	3474	Matt	Smith	02:23:56	213	Chester Road Runners	Male	163	Senior Male (18-34)	23	00:27:07	01:44:24	00:12:24
217	02:25:11	3874	Justin	Smith	02:24:29	219		Male	164	MV50 (50-54)	27	00:25:48	01:45:46	00:12:54
218	02:25:16	3892	Carl	Evans	02:24:01	214	Wrekin Road Runners	Male	165	Senior Male (18-34)	24	00:25:55	01:43:55	00:14:10
219	02:25:29	3907	Phil	Gent	02:24:06	216	West Cheshire Athletic Club	Male	166	MV45 (45-49)	31	00:27:01	01:43:21	00:13:44
220	02:25:36	4047	Louise	Darlington	02:24:32	220		Female	54	Senior Female (18-34)	15	00:25:55	01:44:18	00:14:18
221	02:25:36	4046	Andy	Darlington	02:24:32	221		Male	167	MV50 (50-54)	28	00:25:54	01:44:18	00:14:18
222	02:25:40	3320	Tony	Price	02:24:49	224		Male	168	MV50 (50-54)	29	00:27:32	01:43:55	00:13:21
223	02:25:41	3865	Gavin	Billington	02:24:19	218	Wrexham Ac	Male	169	MV35 (35-39)	30	00:26:33	01:44:59	00:12:45
224	02:25:41	3658	Robert	McBretney	02:24:14	217		Male	170	MV45 (45-49)	32	00:27:33	01:43:59	00:12:41
225	02:25:42	3647	Mark	Piercy	02:25:12	228		Male	171	MV50 (50-54)	30	00:26:17	01:45:31	00:13:23
226	02:25:47	4026	David	Morris	02:25:32	233	Deestriders R.C.	Male	172	MV65 (65-69)	5	00:25:39	01:46:23	00:13:29
227	02:25:47	3941	Helen	Weston	02:24:49	225		Female	55	Senior Female (18-34)	16	00:26:19	01:44:19	00:14:11
228	02:25:49	3710	Craig	Owens	02:25:20	230		Male	173	MV50 (50-54)	31	00:26:48	01:45:57	00:12:33
229	02:25:50	3142	Alexandra	Royden	02:24:58	227	Pensby Runners	Female	56	Senior Female (18-34)	17	00:27:37	01:44:25	00:12:56
230	02:25:51	3981	David	Harper	02:25:42	235		Male	174	MV45 (45-49)	33	00:24:53	01:45:58	00:14:51
231	02:25:52	3848	Daniel	Snelson	02:24:37	223	Abergele Harriers	Male	175	Senior Male (18-34)	25	00:26:37	01:44:29	00:13:31
232	02:25:52	3712	Matthew	Dunford	02:25:34	234		Male	176	MV50 (50-54)	32	00:26:31	01:45:07	00:13:55
233	02:26:04	3122	Mike	Barnard	02:25:21	231	Helsby Running Club	Male	177	MV50 (50-54)	33	00:26:06	01:45:13	00:14:01
234	02:26:06	3979	Craig	Curtis	02:25:52	237		Male	178	MV40 (40-44)	31	00:24:02	01:47:37	00:14:11
235	02:26:10	3367	Zoe	Ford	02:25:54	238		Female	57	FV35 (35-39)	10	00:25:12	01:45:54	00:14:47
236	02:26:40	3700	Richard	Noyes	02:25:19	229	Wreccsam Tri	Male	179	MV50 (50-54)	34	00:27:20	01:44:35	00:13:23
237	02:26:46	3321	Anna	Shierson	02:26:36	246	Ealing Eagles Running Club	Female	58	Senior Female (18-34)	18	00:27:13	01:46:31	00:12:52

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermonth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
238	02:26:49	3789	Daniel	Rowland	02:26:20	241	Chester Road Runners	Male	180	Senior Male (18-34)	26	00:26:56	01:45:53	00:13:31
239	02:26:51	4050	Carl	Jones	02:26:19	240		Male	181	Senior Male (18-34)	27	00:25:29	01:46:13	00:14:36
240	02:26:51	3834	Ian	Bird	02:26:35	245		Male	182	MV45 (45-49)	34	00:26:37	01:45:58	00:13:59
241	02:26:51	3189	Janine	Brazier	02:25:29	232		Female	59	FV35 (35-39)	11	00:26:54	01:45:35	00:12:58
242	02:26:55	3266	Rob	Francis	02:26:11	239	Maldwyn Harriers	Male	183	MV40 (40-44)	32	00:26:30	01:45:34	00:14:07
243	02:26:59	3318	Bala	Subramanian	02:26:34	244	Chester Triathlon Club	Male	184	MV35 (35-39)	31	00:22:07	01:41:11	00:23:15
243	02:26:59	3915	Mick	Skirving	02:25:47	236	Hartlepool Burn Road Harriers	Male	184	MV50 (50-54)	35	00:25:26	01:45:52	00:14:28
245	02:27:15	3168	Steven	Eyre	02:26:50	248	Caistor Running Club	Male	186	MV50 (50-54)	36	00:27:37	01:46:37	00:12:34
246	02:27:18	4024	Ian	Orton	02:26:27	242	Badgers	Male	187	MV35 (35-39)	32	00:26:17	01:45:37	00:14:32
247	02:27:22	3982	Bogdan-Cris	Ferent	02:26:58	250		Male	188	Senior Male (18-34)	28	00:26:19	01:46:14	00:14:25
248	02:27:25	3603	Nick	Parums	02:27:17	257	Lymm Runners	Male	189	MV50 (50-54)	37	00:26:17	01:47:20	00:13:38
249	02:27:29	4070	Claire	Glazzard	02:27:12	255		Female	60	FV35 (35-39)	12	00:27:12	01:46:58	00:13:01
250	02:27:29	4069	Natalie	Witcher	02:27:13	256		Female	61	FV40 (40-44)	13	00:27:13	01:46:58	00:13:01
251	02:27:50	3167	Lucy	Kyle	02:26:33	243	Chester Road Runners	Female	62	FV45 (45-49)	9	00:26:48	01:45:43	00:14:02
252	02:27:52	3804	Neil	Fergusson	02:26:57	249	Helsby Running Club	Male	190	MV65 (65-69)	6	00:26:15	01:45:52	00:14:49
253	02:27:54	3561	Lea	Rutter	02:27:21	260		Male	191	MV50 (50-54)	38	00:27:50	01:44:38	00:14:51
254	02:27:56	3277	Valerie	Ormsby	02:27:20	259	Chester Triathlon Club	Female	63	FV50 (50-54)	7	00:25:37	01:46:54	00:14:48
255	02:27:57	3864	Ruth	Smith	02:26:43	247		Female	64	FV45 (45-49)	10	00:27:43	01:45:21	00:13:38
256	02:27:59	3087	Adrian	Thomas	02:27:05	252		Male	192	MV50 (50-54)	39	00:27:22	01:45:41	00:14:02
257	02:28:03	3790	Paul	Ellis	02:27:51	266	Lindley Running Club	Male	193	MV35 (35-39)	33	00:25:38	01:46:46	00:15:26
258	02:28:05	3380	John	Simpson	02:27:09	254		Male	194	MV40 (40-44)	33	00:28:24	01:45:09	00:13:35
259	02:28:10	4034	Corinne	Hopper	02:27:22	261		Female	65	FV50 (50-54)	8	00:28:21	01:45:41	00:13:19
260	02:28:22	3681	Graham	Richardson	02:27:44	264		Male	195	MV55 (55-59)	17	00:26:12	01:46:25	00:15:06
261	02:28:23	3680	Elaine	Richardson	02:27:45	265		Female	66	FV40 (40-44)	14	00:26:12	01:46:27	00:15:05
262	02:28:27	3800	Janet	Oakes	02:27:05	253		Female	67	FV40 (40-44)	15	00:26:50	01:45:58	00:14:17
263	02:28:29	3878	Kate	Morrell	02:27:26	262		Female	68	FV45 (45-49)	11	00:26:23	01:46:16	00:14:46

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
264	02:28:31	3553	Bethan	Roberts	02:28:00	268	Porth eirias runners	Female	69	FV50 (50-54)	9	00:26:55	01:46:47	00:14:17
265	02:28:35	3893	Dotty	Dotty	02:27:04	251		Female	70	FV35 (35-39)	13	00:28:52	01:45:07	00:13:03
266	02:28:41	3754	Paul	Cooper	02:28:03	269		Male	196	Senior Male (18-34)	29	00:28:10	01:46:23	00:13:29
267	02:28:42	3851	Jamie	Thame	02:27:20	258	North Wales Road Runners	Male	197	MV40 (40-44)	34	00:24:18	01:45:57	00:17:04
268	02:28:49	3924	Ian	Edwards	02:27:51	267		Male	198	MV40 (40-44)	35	00:27:40	01:46:19	00:13:51
269	02:28:51	3128	Jason	Dwan	02:28:22	272	Buckley RC	Male	199	MV45 (45-49)	35	00:26:17	01:46:47	00:15:17
270	02:29:02	3852	Amanda	Gamer	02:28:42	276	Buckley RC	Female	71	FV35 (35-39)	14	00:26:07	01:48:19	00:14:15
271	02:29:06	3072	Joanne	Gilchrest	02:28:03	270		Female	72	FV35 (35-39)	15	00:27:09	01:46:51	00:14:02
272	02:29:14	3976	Nicola	Wallace	02:27:43	263		Female	73	FV40 (40-44)	16		02:14:43	00:12:59
273	02:29:20	3387	Nigel	Hinchliffe	02:28:34	274	RBR Club	Male	200	MV35 (35-39)	34	00:24:54	01:49:40	00:13:59
274	02:29:39	3221	Joy	Stanley	02:28:18	271	Kingfisher Harriers	Female	74	FV55 (55-59)	3	00:27:04	01:47:24	00:13:49
275	02:29:47	3464	Adrian	Martin	02:29:43	285	Pudsey Pacers RC	Male	201	MV50 (50-54)	40	00:25:59	01:49:25	00:14:18
276	02:30:02	4040	Christian	Bartley	02:28:31	273		Male	202	MV40 (40-44)	36	00:29:19	01:46:36	00:12:36
277	02:30:02	3480	John	Woodbine	02:29:10	280		Male	203	MV60 (60-64)	6	00:25:19	01:47:00	00:16:51
278	02:30:06	3686	Gaz	Lyons	02:28:39	275	Penny Lane Striders	Male	204	MV40 (40-44)	37	00:27:41	01:47:25	00:13:33
279	02:30:07	3999	Polly	Comer	02:29:02	278		Female	75	Senior Female (18-34)	19	00:30:23	01:47:19	00:11:20
280	02:30:08	3278	Louise	Gorman	02:29:54	286		Female	76	FV40 (40-44)	17	00:26:46	01:49:17	00:13:51
281	02:30:19	3084	Grant	Windsor	02:29:00	277	Ellesmere Port RC	Male	205	MV45 (45-49)	36	00:26:58	01:45:48	00:16:12
282	02:30:21	3725	Andy	Lloyd	02:30:07	290		Male	206	MV55 (55-59)	18	00:24:15	01:50:02	00:15:49
283	02:30:23	4005	Simon	Piercy	02:29:28	282	Chester Road Runners	Male	207	MV40 (40-44)	38	00:27:15	01:46:18	00:15:55
284	02:30:29	3913	Andrew	Dunn	02:29:42	284		Male	208	MV40 (40-44)	39	00:25:58	01:46:23	00:17:21
285	02:30:30	3836	Graham	Walker	02:29:59	287		Male	209	MV45 (45-49)	37	00:25:30	01:48:18	00:16:10
286	02:30:32	3786	Lisa	Ayling	02:29:06	279		Female	77	FV45 (45-49)	12	00:26:33	01:48:27	00:14:05
287	02:30:33	4025	Jaime	Connell	02:29:24	281		Male	210	MV45 (45-49)	38	00:28:28	01:47:24	00:13:31
288	02:30:47	3157	Allan	Smith	02:30:03	289		Male	211	MV50 (50-54)	41	00:27:11	01:48:49	00:14:01
288	02:30:47	4038	Warren	Hodges	02:30:02	288		Male	211	MV50 (50-54)	41	00:25:31	01:49:51	00:14:39

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirky Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
290	02:30:49	3340	Jonathan	Machin	02:30:38	292		Male	213	MV50 (50-54)	43	00:27:11	01:49:15	00:14:11
291	02:30:52	3096	Stephanie	Memmory	02:29:37	283	Penyffordd Run Club	Female	78	FV50 (50-54)	10	00:26:39	01:49:09	00:13:48
292	02:30:54	3902	Stephen	Jones	02:30:21	291		Male	214	MV35 (35-39)	35	00:25:20	01:49:57	00:15:04
293	02:31:14	3082	Nicola	Cunningham	02:30:48	293		Female	79	FV45 (45-49)	13	00:27:58	01:48:21	00:14:29
294	02:31:19	3619	John	Houghton	02:30:55	295	Run Sandymoor	Male	215	MV60 (60-64)	7	00:25:54	01:50:01	00:14:59
295	02:31:24	3126	Nicholas	Halsall	02:31:10	298	Lonely Goat RC	Male	216	MV60 (60-64)	8	00:26:27	01:50:45	00:13:57
296	02:31:46	3822	Erica	Chambers	02:31:24	300		Female	80	FV40 (40-44)	18	00:28:15	01:49:46	00:13:22
297	02:32:05	3762	Colin	Martin	02:31:54	305		Male	217	MV60 (60-64)	9	00:26:07	01:50:50	00:14:57
298	02:32:05	3733	Ismail	Tagari	02:31:18	299		Male	218	MV40 (40-44)	40	00:28:11	01:49:08	00:13:57
299	02:32:06	3730	Beth	Hewitt	02:31:37	303	Chester Road Runners	Female	81	Senior Female (18-34)	20	00:27:49	01:50:04	00:13:43
300	02:32:17	3880	Dean	Renshaw	02:30:49	294		Male	219	MV35 (35-39)	36	00:28:32	01:47:56	00:14:21
301	02:32:34	3917	David	Pugh	02:31:10	297		Male	220	MV60 (60-64)	10	00:28:02	01:48:52	00:14:16
302	02:32:35	3898	Mark	Taylor	02:31:02	296		Male	221	MV40 (40-44)	41	00:27:29	01:48:32	00:15:00
303	02:32:40	3967	Evelyn	Dimatulac Flaviano	02:32:34	317		Female	82	FV40 (40-44)	19	00:26:06	01:51:15	00:15:12
304	02:32:47	3801	Lisa	Mann	02:31:58	307		Female	83	FV45 (45-49)	14	00:26:40	01:50:40	00:14:37
305	02:32:47	3458	Karen	Rishton	02:31:32	302	Blackburn Road Runners	Female	84	FV45 (45-49)	15	00:27:38	01:49:49	00:14:04
306	02:32:52	3660	Stephen	Roberts	02:31:24	301		Male	222	MV35 (35-39)	37	00:27:06	01:49:38	00:14:40
307	02:32:56	3508	Martin	Darwin	02:31:56	306	Warrington Running Club	Male	223	MV50 (50-54)	44	00:27:50	01:50:07	00:13:58
308	02:32:59	3158	Beccy	Cheetham	02:31:52	304	Chester Road Runners	Female	85	Senior Female (18-34)	21	00:29:28	01:49:37	00:12:46
309	02:33:07	3875	Mark	Dowling	02:32:01	309	Chester Road Runners	Male	224	MV35 (35-39)	38	00:28:12	01:48:39	00:15:10
310	02:33:14	3956	Deborah	Bland	02:32:49	322	Airecentre Pacers RC	Female	86	FV65 (65-69)	2	00:27:01	01:50:48	00:14:59
311	02:33:28	3465	Phil	Davies	02:32:27	314		Male	225	MV50 (50-54)	45	00:27:53	01:48:44	00:15:49
312	02:33:30	3564	Steven	Pownall	02:32:17	311		Male	226	MV40 (40-44)	42	00:28:00	01:50:09	00:14:07
313	02:33:30	3563	Michelle	Pownall	02:32:17	312		Female	87	FV35 (35-39)	16	00:28:00	01:50:07	00:14:10
314	02:33:31	3966	Kristina	Bakewell	02:32:29	315		Female	88	FV35 (35-39)	17	00:30:24	01:49:18	00:12:46
315	02:33:32	3296	Gary	Donovan	02:32:36	319	Chester Road Runners	Male	227	MV55 (55-59)	19	00:28:16	01:50:08	00:14:10

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
316	02:33:36	3968	Anna	Barnish	02:32:00	308		Female	89	FV40 (40-44)	20	00:28:12	01:50:43	00:13:03
317	02:33:36	3766	Claire	Blood	02:32:20	313		Female	90	FV35 (35-39)	18	00:27:31	01:50:50	00:13:59
318	02:33:43	3965	Adam	Kershaw	02:32:04	310		Male	228	MV35 (35-39)	39	00:28:08	01:49:44	00:14:12
319	02:33:43	4045	Michelle	Doherty	02:33:28	325		Female	91	FV40 (40-44)	21	00:28:08	01:50:50	00:14:29
320	02:33:49	3570	Philip	Clifford	02:32:46	321		Male	229	MV55 (55-59)	20	00:29:05	01:50:24	00:13:15
321	02:33:56	3017	Elaine	Tasker	02:32:32	316		Female	92	FV65 (65-69)	3	00:29:57	01:47:52	00:14:42
322	02:33:59	3871	Dat	Phang	02:32:35	318		Male	230	MV35 (35-39)	40	00:29:54	01:51:25	00:11:15
323	02:34:04	3821	Matt	Jump	02:32:43	320		Male	231	MV35 (35-39)	41	00:31:47	01:45:51	00:15:04
324	02:34:05	4023	Charlotte	Holland	02:33:28	324		Female	93	FV40 (40-44)	22	00:28:21	01:49:43	00:15:22
325	02:34:11	3830	John	Evans	02:33:19	323		Male	232	MV50 (50-54)	46	00:27:23	01:50:16	00:15:39
326	02:34:19	3282	Kate	Hopkins	02:33:51	327		Female	94	FV40 (40-44)	23	00:27:59	01:51:32	00:14:20
327	02:34:27	3594	Adrian	Joyce	02:34:01	330	Caistor Running Club	Male	233	MV55 (55-59)	21	00:28:52	01:51:18	00:13:50
328	02:34:43	3394	Suzie	Golding	02:34:19	334		Female	95	FV40 (40-44)	24	00:28:31	01:52:14	00:13:33
329	02:34:43	3154	Vivienne	Rees	02:34:19	335		Female	96	FV40 (40-44)	25	00:28:31	01:52:14	00:13:34
330	02:34:45	3635	Jane	Fullalove	02:34:08	332		Female	97	FV45 (45-49)	16	00:28:01	01:51:47	00:14:18
331	02:34:45	3399	Maggie	Bugler	02:34:08	333	Barlick fell runners	Female	98	FV55 (55-59)	4	00:28:01	01:51:46	00:14:19
332	02:34:54	3709	Brenda	Lewis	02:33:46	326	Styal Running Club	Female	99	FV60 (60-64)	2	00:27:03	01:48:22	00:18:20
333	02:34:58	3140	Mark	Newland	02:34:02	331		Male	234	MV40 (40-44)	43	00:28:16	01:50:11	00:15:34
334	02:34:59	3533	Emma	Weir	02:34:19	335		Female	100	Senior Female (18-34)	22	00:28:01	01:53:10	00:13:08
335	02:35:13	3752	Tim	Dodd	02:34:46	343		Male	235	Senior Male (18-34)	30	00:26:54	01:51:43	00:16:08
336	02:35:13	3796	Chris	Cooper	02:34:38	340	Darwen Dashers RC	Male	236	MV45 (45-49)	39	00:26:41	01:53:24	00:14:31
337	02:35:22	3121	Jane	Bowers	02:34:01	329	Potters Trotters	Female	101	FV55 (55-59)	5	00:28:25	01:51:12	00:14:22
338	02:35:24	4003	Mark	White	02:34:40	341		Male	237	MV65 (65-69)	7	00:29:09	01:52:07	00:13:23
339	02:35:25	3162	Amanda	Weston	02:34:26	338	Nantwich Running Club	Female	102	FV45 (45-49)	17	00:28:10	01:51:46	00:14:30
340	02:35:27	3344	Wendy	Woodhouse	02:34:32	339		Female	103	FV50 (50-54)	11	00:27:55	01:51:04	00:15:32
341	02:35:28	3716	Catherine	Worsley	02:33:56	328	Astley & Tyldesley Road Runners	Female	104	FV45 (45-49)	18	00:30:44	01:50:29	00:12:43

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
342	02:35:43	3569	Deborah	Clifford	02:34:40	342		Female	105	FV55 (55-59)	6	00:29:05	01:50:28	00:15:07
343	02:35:48	3329	Lee	Farrar	02:34:24	337		Male	238	MV45 (45-49)	40	00:28:32	01:51:47	00:14:05
344	02:35:52	3512	David	Birch	02:35:15	345		Male	239	MV50 (50-54)	47	00:28:07	01:53:30	00:13:38
345	02:36:07	3995	Alistair	Pooler	02:35:16	346		Male	240	MV40 (40-44)	44	00:27:32	01:52:16	00:15:27
346	02:36:25	3130	Alan	Spencer	02:34:59	344	Knowsley Harriers	Male	241	MV60 (60-64)	11	00:27:20	01:50:29	00:17:09
347	02:36:28	3696	Paul	Moretta	02:36:09	355		Male	242	MV55 (55-59)	22	00:25:42	01:54:36	00:15:50
348	02:36:28	3540	Phil	Lathaen	02:36:03	352		Male	243	MV50 (50-54)	48	00:30:21	01:53:45	00:11:56
349	02:36:29	3945	Gary	Fletcher	02:35:35	347		Male	244	MV35 (35-39)	42	00:27:17	01:52:11	00:16:06
350	02:36:32	4019	Lisa	Nicoletti-Chalk	02:36:27	359		Female	106	FV35 (35-39)	19	00:26:52	01:54:26	00:15:08
351	02:36:35	3850	Julie	Oliver	02:35:39	349		Female	107	FV45 (45-49)	19	00:28:15	01:52:58	00:14:25
352	02:36:35	3417	Lynne	King	02:35:39	348		Female	108	FV55 (55-59)	7	00:28:15	01:52:57	00:14:26
352	02:36:35	3527	Claire	Jones	02:35:39	350		Female	108	FV45 (45-49)	20	00:28:15	01:52:57	00:14:26
354	02:36:38	3624	Heidi	Wilkes	02:36:13	358		Female	110	FV35 (35-39)	20	00:29:15	01:53:39	00:13:18
355	02:36:42	4039	Gwenda	Lynch	02:36:13	357		Female	111	FV50 (50-54)	12	00:29:03	01:53:47	00:13:22
356	02:36:49	3734	Gareth	Counce	02:36:01	351		Male	245	MV40 (40-44)	45	00:28:11	01:53:15	00:14:34
357	02:36:54	3978	Izabela	Bekasiak	02:36:38	361		Female	112	FV40 (40-44)	26	00:27:22	01:54:49	00:14:26
358	02:37:01	3408	Bev	Tasker	02:36:51	362		Female	113	FV45 (45-49)	21	00:28:16	01:54:10	00:14:24
359	02:37:03	3782	Gareth	Davis	02:36:05	353		Male	246	MV45 (45-49)	41	00:26:24	01:54:41	00:14:59
360	02:37:07	3654	Julia	Musoke-Duggan	02:36:53	363	Lindley Running Club	Female	114	FV40 (40-44)	27	00:28:12	01:53:25	00:15:16
361	02:37:17	3234	Bernadette	Stephens	02:36:07	354		Female	115	FV45 (45-49)	22	00:28:01	01:52:56	00:15:09
362	02:37:44	3743	Stuart	Jordan	02:36:32	360		Male	247	MV40 (40-44)	46	00:27:03	01:54:54	00:14:33
363	02:37:45	3016	Jenny	Paton	02:36:10	356		Female	116	FV35 (35-39)	21	00:28:14	01:52:41	00:15:15
364	02:37:50	4031	Sally	Doyle	02:37:12	364		Female	117	FV55 (55-59)	8	00:27:34	01:54:35	00:15:03
365	02:38:05	3809	Alex	Dodd	02:38:05	369		Male	248	Senior Male (18-34)	31	00:29:27	01:53:54	00:14:43
366	02:38:12	3259	Paul	Reynolds	02:37:27	366		Male	249	MV65 (65-69)	8	00:28:40	01:53:14	00:15:31
367	02:38:36	3953	Terri	Barter	02:38:14	374		Female	118	Senior Female (18-34)	23	00:27:32	01:55:46	00:14:55

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
368	02:38:38	3888	Neil	Stanley	02:37:18	365	Wreccsam Tri	Male	250	MV50 (50-54)	49	00:26:28	01:54:16	00:16:33
369	02:38:41	3112	Tanya	Jones	02:38:05	370		Female	119	Senior Female (18-34)	24	00:28:43	01:54:32	00:14:50
370	02:38:43	3030	Jody	Harold	02:38:07	371	Oldham & Royton H & AC	Female	120	FV40 (40-44)	28	00:29:56	01:53:06	00:15:05
371	02:38:45	3419	Karyn	Whittaker	02:38:41	379		Female	121	FV40 (40-44)	29	00:27:01	01:56:05	00:15:34
372	02:39:03	3977	Lee	Shorrock	02:38:44	380		Male	251	MV40 (40-44)	47	00:28:18	01:55:47	00:14:39
373	02:39:04	3531	David	O'Hanlon	02:37:45	367		Male	252	MV65 (65-69)	9	00:27:46	01:54:15	00:15:43
374	02:39:10	3645	Topsy	Lee	02:38:12	373		Female	122	FV45 (45-49)	23	00:27:25	01:55:29	00:15:16
375	02:39:15	3184	Henny	Scott	02:38:35	377	Notts Women Runners	Female	123	FV65 (65-69)	4	00:29:27	01:54:03	00:15:04
376	02:39:17	3037	Chris	Davison	02:38:38	378	Holme Pierrepont RC	Male	253	MV55 (55-59)	23	00:29:28	01:54:04	00:15:05
377	02:39:18	3308	John	Bethel	02:38:16	375		Male	254	MV50 (50-54)	50	00:27:11	01:53:36	00:17:27
378	02:39:22	3683	Sharon	Burchett	02:37:49	368	Horsham Joggers	Female	124	FV50 (50-54)	13	00:30:09	01:53:12	00:14:27
379	02:39:27	3192	Ruth	Cannon	02:38:12	372		Female	125	FV50 (50-54)	14	00:26:49	01:55:27	00:15:55
380	02:39:30	3705	Steve	Davies	02:39:16	387		Male	255	MV45 (45-49)	42	00:27:28	01:55:59	00:15:48
381	02:39:32	3179	Ange	Bolton	02:39:05	382	Skelmersdale Boundary Harriers	Female	126	FV45 (45-49)	24	00:29:42	01:55:46	00:13:36
382	02:39:34	3549	Alexandra	Foxon	02:38:24	376		Female	127	Senior Female (18-34)	25	00:29:28	01:55:14	00:13:41
383	02:39:35	3131	Alison	Cockerill	02:39:19	389	Fitmums and Friends	Female	128	FV40 (40-44)	30	00:29:30	01:55:14	00:14:34
384	02:40:00	3672	Dewi	Paddock	02:39:19	388		Male	256	MV40 (40-44)	48	00:27:58	01:53:49	00:17:31
385	02:40:05	3239	Emma	Lock	02:39:11	384	Poynton Runners	Female	129	FV35 (35-39)	22	00:27:50	01:55:57	00:15:23
386	02:40:06	3174	Gavin	Mckay	02:39:12	385	Poynton Runners	Male	257	MV40 (40-44)	49	00:27:50	01:55:57	00:15:24
387	02:40:16	3436	Amanda	Collinge	02:39:10	383	Marple Runners	Female	130	FV45 (45-49)	25	00:30:00	01:55:57	00:13:12
388	02:40:27	3611	Ming	Lau	02:39:02	381		Male	258	MV40 (40-44)	50	00:29:54	01:54:25	00:14:42
389	02:40:33	3897	Helen	Roberts	02:39:37	391		Female	131	FV40 (40-44)	31	00:28:14	01:56:01	00:15:21
390	02:40:34	3526	Joanne	Davies	02:39:37	392		Female	132	FV45 (45-49)	26	00:28:13	01:56:01	00:15:22
391	02:40:38	3481	William	Bridge	02:39:53	395		Male	259	MV45 (45-49)	43	00:26:17	01:59:07	00:14:28
392	02:40:45	3824	Marianne	Speed	02:39:14	386		Female	133	Senior Female (18-34)	26	00:28:47	01:55:28	00:14:58
393	02:40:47	3467	John	Clucas	02:39:31	390	Blackburn Road Runners	Male	260	MV55 (55-59)	24	00:28:27	01:55:41	00:15:21

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
394	02:40:49	3828	Wendy	Casey	02:39:42	393		Female	134	FV45 (45-49)	27	00:29:27	01:55:56	00:14:18
395	02:40:54	3401	Anna	Moore	02:39:48	394		Female	135	FV35 (35-39)	23	00:27:35	01:55:44	00:16:28
396	02:40:55	3229	Phil	Madigan	02:40:13	397		Male	261	MV40 (40-44)	51	00:29:50	01:56:13	00:14:09
397	02:41:03	3797	Dominika	Sowinska	02:40:43	399	Chester Road Runners	Female	136	Senior Female (18-34)	27	00:29:15	01:56:55	00:14:32
398	02:41:10	3342	Andy	Mizen	02:40:51	402		Male	262	MV50 (50-54)	51	00:25:25	01:58:24	00:17:02
399	02:41:19	4006	David	Fradgley	02:40:25	398		Male	263	MV35 (35-39)	43	00:28:39	01:56:18	00:15:26
400	02:41:21	3695	Diane	Tonge	02:40:44	400	Helsby Running Club	Female	137	FV50 (50-54)	15	00:28:20	01:56:41	00:15:42
401	02:41:22	3682	Dave	Bratt	02:39:53	396		Male	264	MV40 (40-44)	52	00:29:03	01:54:31	00:16:18
402	02:41:25	3798	Natalia	Oleksiak	02:41:05	406		Female	138	FV35 (35-39)	24	00:29:14	01:57:40	00:14:09
403	02:41:37	3148	Alexandra	Hooton	02:40:55	404		Female	139	FV45 (45-49)	28	00:28:55	01:57:46	00:14:12
404	02:41:40	3638	Elanor	Parks	02:40:49	401		Female	140	Senior Female (18-34)	28	00:29:40	01:57:02	00:14:06
405	02:41:44	3287	Simon	Taylor	02:41:15	407	Kingfisher Harriers	Male	265	MV55 (55-59)	25	00:28:09	01:57:13	00:15:52
406	02:41:47	3923	Louise	Sawrey	02:40:54	403		Female	141	Senior Female (18-34)	29	00:28:42	01:57:40	00:14:31
407	02:41:49	3842	Catherine	Gilbert	02:41:19	408	Widnes Running Club	Female	142	FV45 (45-49)	29	00:28:57	01:57:00	00:15:22
408	02:42:18	3728	Steve	Kilroy-Jolley	02:41:03	405	Lonely Goat RC	Male	266	MV50 (50-54)	52	00:28:41	01:55:49	00:16:32
409	02:42:30	3886	Anne-marie	Hazler	02:42:17	419		Female	143	FV40 (40-44)	32	00:26:37	02:00:51	00:14:49
410	02:42:32	3807	Gareth	Evans	02:42:01	415		Male	267	MV45 (45-49)	44	00:30:36	01:57:06	00:14:18
411	02:42:33	4060	Sian	Walley	02:42:09	416		Female	144	FV35 (35-39)	25	00:30:22	01:56:21	00:15:25
412	02:42:44	3382	Gemma	Taylor	02:41:37	410		Female	145	FV35 (35-39)	26	00:29:29	01:56:51	00:15:16
413	02:42:45	4058	Anthony	Prince	02:41:56	413		Male	268	MV45 (45-49)	45	00:28:50	01:56:57	00:16:09
414	02:42:49	3544	Diane	Andrews	02:41:47	412		Female	146	FV40 (40-44)	33	00:30:25	01:56:25	00:14:57
414	02:42:49	3591	Karen	Gwynne	02:41:46	411		Female	146	FV50 (50-54)	16	00:30:23		02:11:22
416	02:42:51	3935	Ben	Haigh	02:42:33	422	Rothwell Harriers & AC	Male	269	MV45 (45-49)	46	00:26:22	01:59:18	00:16:52
417	02:42:56	3715	Paul	Ford	02:41:28	409	UKRunChat Running Club	Male	270	MV50 (50-54)	53	00:29:45	01:56:43	00:14:59
418	02:43:01	3636	Hayley	Sackett	02:42:12	417		Female	148	Senior Female (18-34)	30	00:27:37	01:59:45	00:14:49
419	02:43:06	3592	Kim	Hathrell	02:42:35	423	Balsall Common Run Club	Male	271	MV55 (55-59)	26	00:25:43	02:00:45	00:16:06

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
420	02:43:08	3497	Jennifer	Jones	02:42:01	414		Female	149	FV35 (35-39)	27	00:29:28	01:56:52	00:15:40
421	02:43:12	3332	Richard	Chamberlain	02:42:13	418		Male	272	MV55 (55-59)	27	00:29:32	01:57:27	00:15:14
422	02:43:16	3713	Lynn	Duckworth	02:42:51	425		Female	150	FV50 (50-54)	17	00:28:38	01:59:10	00:15:03
423	02:43:25	3139	Claire	Austin	02:42:20	420	Dewsbury Road Runners	Female	151	FV55 (55-59)	9	00:29:57	01:57:39	00:14:42
424	02:43:35	3912	Michael	Grimshaw	02:42:27	421		Male	273	MV45 (45-49)	47	00:26:46	01:59:06	00:16:34
425	02:43:41	3352	Jenny	Salmon	02:42:56	426		Female	152	Senior Female (18-34)	31	00:29:42	01:58:23	00:14:50
426	02:43:43	4016	Ryan	Mitchell	02:42:45	424	Chester Road Runners	Male	274	MV40 (40-44)	53	00:27:07	01:55:30	00:20:07
427	02:43:46	3031	Neil	Longfellow	02:43:35	431		Male	275	MV60 (60-64)	12	00:30:20	01:57:13	00:16:02
428	02:43:57	3535	Yvette	Tomkinson	02:43:29	428		Female	153	FV45 (45-49)	30	00:29:04	01:58:45	00:15:40
429	02:44:15	3558	Toni	Priddey	02:43:35	430		Female	154	FV40 (40-44)	34	00:28:01	01:59:29	00:16:04
430	02:44:34	3225	Lee	Looling	02:43:17	427		Male	276	MV45 (45-49)	48	00:28:28	01:57:01	00:17:48
431	02:44:40	4000	Paula	Morris	02:44:15	437	Wrexham Ac	Female	155	FV50 (50-54)	18	00:26:21	02:00:00	00:17:54
432	02:44:44	3111	Carolyn	Smith	02:43:49	432	Lymm Runners	Female	156	FV55 (55-59)	10	00:30:17	01:59:06	00:14:25
433	02:44:48	3276	Gillian	Holland-Jones	02:43:32	429	Styal Running Club	Female	157	FV60 (60-64)	3	00:28:51	01:58:14	00:16:26
434	02:44:49	3107	Isabel	Robertson	02:43:51	433	West Cheshire Athletic Club	Female	158	FV55 (55-59)	11	00:28:43	01:59:01	00:16:07
435	02:45:17	3866	Tina	Celejewska	02:44:10	434		Female	159	Senior Female (18-34)	32	00:27:38	02:01:13	00:15:19
436	02:45:22	3520	Nicky	Rowan	02:44:11	435		Male	277	MV50 (50-54)	54	00:29:01	01:59:04	00:16:05
437	02:45:26	3235	Gill	Longfellow	02:45:16	443		Female	160	FV60 (60-64)	4	00:30:20	01:59:20	00:15:35
438	02:45:30	3849	Keiko	Gordon	02:44:12	436		Female	161	FV45 (45-49)	31	00:30:24	01:58:46	00:15:01
439	02:45:33	3816	Steven	Gough	02:44:25	439	Lawley Running Club	Male	278	MV50 (50-54)	55	00:31:20	01:57:02	00:16:02
440	02:45:41	3862	Angela	McLoughlin	02:45:00	441		Female	162	FV35 (35-39)	28	00:30:39	01:58:14	00:16:07
441	02:45:43	3637	Mark	Reynolds	02:44:51	440		Male	279	MV60 (60-64)	13	00:28:25	01:59:58	00:16:27
442	02:45:49	3585	Alison	Davis	02:45:21	444	Kingfisher Harriers	Female	163	FV65 (65-69)	5	00:30:46	01:59:34	00:15:01
443	02:45:54	4049	Kerry	Stilgoe	02:45:11	442		Female	164	Senior Female (18-34)	33	00:29:30	02:00:11	00:15:29
444	02:45:55	3166	Peter	Barnes	02:45:35	448	Meirionnydd Running Club	Male	280	MV60 (60-64)	14	00:28:38	02:00:40	00:16:16
445	02:46:00	3973	Paul	Verlander	02:44:17	438		Male	281	MV45 (45-49)	49	00:31:04	02:00:32	00:12:40

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
446	02:46:06	3648	Mary	Draper	02:45:39	450	Skelmersdale Boundary Harriers	Female	165	FV50 (50-54)	19	00:31:14	02:00:36	00:13:48
447	02:46:17	3704	Tommy	Williams	02:45:42	452		Male	282	MV50 (50-54)	56	00:27:49	02:01:47	00:16:05
448	02:46:18	3631	Kate	Rosamilia	02:45:53	455		Female	166	FV40 (40-44)	35	00:30:02	02:00:50	00:15:01
449	02:46:27	3986	Michelle	Nevett	02:45:21	445		Female	167	FV35 (35-39)	29	00:29:01	02:00:28	00:15:52
450	02:46:27	3987	Laura	Burgess	02:45:22	446		Female	168	Senior Female (18-34)	34	00:29:02	02:00:27	00:15:52
451	02:46:29	3495	Simon	Koscinski	02:46:03	456		Male	283	MV50 (50-54)	57	00:28:09	02:00:57	00:16:56
452	02:46:38	3362	Joanne	McDonnell	02:46:23	458		Female	169	FV45 (45-49)	32	00:28:22	02:01:25	00:16:35
453	02:46:45	3943	Katie	Jones	02:45:28	447	Ellesmere Port RC	Female	170	Senior Female (18-34)	35	00:30:07	02:00:27	00:14:53
454	02:46:47	3201	Paul	Whittaker	02:45:37	449		Male	284	MV55 (55-59)	28	00:28:08	01:59:23	00:18:06
455	02:46:54	3655	Stacy	Gibbs	02:46:11	457		Female	171	FV40 (40-44)	36	00:28:50	02:00:30	00:16:49
456	02:46:59	3890	Rosie	Allsop	02:45:45	453	Chester Road Runners	Female	172	Senior Female (18-34)	36	00:27:42	02:05:57	00:12:05
457	02:47:02	3946	Emma	Buckley	02:45:40	451	Widnes Running Club	Female	173	FV35 (35-39)	30	00:30:49	02:00:08	00:14:42
458	02:47:11	3581	Danny	Hall	02:47:06	464		Male	285	Senior Male (18-34)	32	00:26:26	02:03:19	00:17:20
459	02:47:11	3747	Samantha	Baines	02:45:49	454	UKRunChat Running Club	Female	174	FV35 (35-39)	31	00:28:17	02:00:39	00:16:52
460	02:47:23	3832	Suzanne	Coles	02:47:09	466		Female	175	FV50 (50-54)	20	00:27:31	02:02:42	00:16:55
461	02:47:27	3632	Samantha	Maccall	02:47:02	462		Female	176	FV40 (40-44)	37	00:29:15	02:02:03	00:15:42
462	02:47:51	3641	Sammy	Elden	02:47:21	468		Female	177	FV35 (35-39)	32	00:30:11	02:02:16	00:14:52
463	02:48:15	3268	Martin	Dryden	02:47:09	465	Dewsbury Road Runners	Male	286	MV40 (40-44)	54	00:29:57	01:59:52	00:17:19
464	02:48:16	3396	John	Langford	02:47:47	470	Buckley RC	Male	287	MV60 (60-64)	15	00:27:20	02:02:45	00:17:41
465	02:48:17	3280	Siobhan	Williams	02:47:15	467	Chester Road Runners	Female	178	FV45 (45-49)	33	00:31:09	02:01:49	00:14:16
466	02:48:17	3479	Kieran	Skinner	02:47:04	463	Chester Road Runners	Male	288	MV45 (45-49)	50	00:27:43	02:05:57	00:13:23
467	02:48:19	3400	Liz	Stringman	02:47:52	472	Skelmersdale Boundary Harriers	Female	179	FV50 (50-54)	21	00:31:15	02:01:14	00:15:23
468	02:48:21	4062	David	Steel	02:47:02	461	Mile Shy Club	Male	289	MV45 (45-49)	51	00:30:55	02:00:12	00:15:54
469	02:48:25	3597	Olga	McMahon	02:46:50	459	Dewsbury Road Runners	Female	180	FV40 (40-44)	38	00:29:22	02:02:51	00:14:36
470	02:48:26	3516	Noreen	Martin	02:47:59	473	Skelmersdale Boundary Harriers	Female	181	FV55 (55-59)	12	00:31:15	02:01:14	00:15:29
471	02:48:26	3159	Gemma	Price	02:47:51	471		Female	182	FV35 (35-39)	33	00:30:02	02:02:34	00:15:14

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
472	02:48:40	3600	Becky	Harrison	02:47:40	469		Female	183	FV35 (35-39)	34	00:30:42	02:01:00	00:15:57
473	02:48:42	3662	Andrew	Hayward	02:46:59	460		Male	290	MV45 (45-49)	52	00:29:47	02:01:08	00:16:03
474	02:48:44	3853	Anthony	Shorrock	02:48:21	475		Male	291	MV45 (45-49)	53	00:28:29	02:02:47	00:17:03
475	02:49:03	3197	Tracy	Thomas	02:48:49	480		Female	184	FV45 (45-49)	34	00:30:11	02:02:51	00:15:46
475	02:49:03	3293	Andrea	Peers	02:48:49	478		Female	184	FV45 (45-49)	34	00:30:11	02:02:51	00:15:46
477	02:49:13	3706	Kathleen	Droszcz	02:49:01	482		Female	186	FV40 (40-44)	39	00:29:29	02:04:57	00:14:34
478	02:49:27	3593	Alison	Hathrell	02:48:00	474	Balsall Common Run Club	Female	187	FV55 (55-59)	13	00:29:49	02:02:13	00:15:58
479	02:49:31	3165	Beryl	Morgan	02:49:08	483	Chester Road Runners	Female	188	FV55 (55-59)	14	00:28:59	02:04:28	00:15:40
480	02:49:41	3161	Sue	Sanders	02:49:19	488	CRR	Female	189	FV55 (55-59)	15	00:29:00	02:04:28	00:15:50
481	02:49:42	3792	Julie	Roberts	02:48:41	477		Female	190	FV50 (50-54)	22	00:32:08	02:02:38	00:13:54
482	02:49:42	3633	Ray	Tran	02:48:50	481	Chester Triathlon Club	Male	292	MV50 (50-54)	58	00:30:20	02:03:25	00:15:04
483	02:49:53	3193	Gill	Irving	02:48:30	476		Female	191	FV50 (50-54)	23	00:29:51	02:02:07	00:16:31
484	02:49:54	3959	Julia	Garraghan	02:48:49	479		Female	192	FV50 (50-54)	24	00:30:38	02:02:15	00:15:56
485	02:50:15	3938	Sharon	Molloy	02:49:12	486		Female	193	FV35 (35-39)	35	00:30:17	02:02:32	00:16:22
486	02:50:17	4014	Anthony	Ashman	02:49:35	492		Male	293	MV55 (55-59)	29	00:29:03	02:04:41	00:15:50
487	02:50:17	3298	Guy	Thomas	02:50:17	501		Male	294	MV55 (55-59)	30		02:35:07	00:15:10
488	02:50:22	3515	Helen	Moon	02:50:08	497		Female	194	FV50 (50-54)	25	00:27:53	02:04:18	00:17:56
489	02:50:27	3432	Tris	Gee	02:49:10	484	Ellesmere Port RC	Male	295	MV40 (40-44)	55	00:30:42	02:01:53	00:16:34
489	02:50:27	3988	Maria	Rushton	02:49:17	487	Marple Runners	Female	195	FV55 (55-59)	16	00:29:59	02:03:29	00:15:48
491	02:50:39	3252	Stacey	Williams	02:49:51	494		Female	196	FV40 (40-44)	40	00:30:38	02:02:55	00:16:17
492	02:50:40	3248	Cath	Saunders	02:49:25	489		Female	197	FV55 (55-59)	17	00:31:17	02:02:33	00:15:34
493	02:50:41	3129	Carol	Manley	02:49:29	491		Female	198	FV45 (45-49)	36	00:30:30	02:01:21	00:17:37
494	02:50:41	3732	Sue	Hulford	02:49:29	490	Lonely Goat RC	Female	199	FV45 (45-49)	37	00:30:29	02:01:22	00:17:38
495	02:50:48	3693	Rick	Bower	02:50:10	499		Male	296	MV65 (65-69)	10	00:27:07	02:03:40	00:19:22
496	02:50:53	3051	Sarah	Moody	02:49:12	485	Lonely Goat RC	Female	200	FV45 (45-49)	38	00:31:00	02:02:07	00:16:04
497	02:51:01	3724	Diz	Williams	02:50:51	510		Male	297	MV55 (55-59)	31	00:28:35	02:05:03	00:17:12

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
498	02:51:01	3726	Paul	Hulme	02:50:51	509		Male	298	MV55 (55-59)	32	00:28:35	02:05:03	00:17:13
499	02:51:05	3137	Kerrie	Bignall	02:50:43	507		Female	201	FV50 (50-54)	26	00:29:39	02:03:49	00:17:14
500	02:51:09	3338	Susan	Hinton	02:49:57	496	Ealing Eagles Running Club	Female	202	FV45 (45-49)	39	00:31:37	02:02:21	00:15:59
501	02:51:16	3424	Lynne	Crocombe	02:49:36	493		Female	203	FV50 (50-54)	27	00:30:25	02:02:50	00:16:20
502	02:51:27	4028	Jim	Droughton	02:50:17	500		Male	299	MV40 (40-44)	56	00:28:02	02:06:45	00:15:30
503	02:51:29	3345	Joanne	Johnstone	02:50:49	508		Female	204	FV35 (35-39)	36	00:29:57	02:04:44	00:16:07
504	02:51:36	4011	Kate	McIntyre	02:49:55	495		Female	205	FV55 (55-59)	18	00:30:22	02:02:30	00:17:02
505	02:51:41	3435	Kelvin	Weeks	02:50:34	503		Male	300	MV45 (45-49)	54	00:29:28	02:04:32	00:16:34
506	02:51:47	3136	Julie	Pearce	02:50:42	506	Ellesmere Port RC	Female	206	FV60 (60-64)	5	00:30:20	02:03:11	00:17:10
506	02:51:47	3437	Vikki	Jones	02:50:35	504	Blackburn Road Runners	Female	206	FV40 (40-44)	41	00:31:55	02:03:25	00:15:14
508	02:51:47	3984	Dan	Greenhalgh	02:50:33	502		Male	301	MV40 (40-44)	57	00:31:53	02:03:25	00:15:14
509	02:51:52	3203	Christine	Salter	02:50:09	498		Female	208	FV40 (40-44)	42	00:31:04	02:02:27	00:16:38
510	02:51:59	3996	Niall	Cameron	02:51:21	515		Male	302	MV55 (55-59)	33	00:28:29	02:06:13	00:16:37
511	02:52:04	3876	Clare	Lowery	02:51:12	514		Female	209	FV55 (55-59)	19	00:29:40	02:05:29	00:16:02
512	02:52:16	3450	Caroline	Winsper	02:50:55	512	Ellesmere Port RC	Female	210	FV35 (35-39)	37	00:32:17	02:04:09	00:14:28
513	02:52:19	3626	Phoebe	McCarter	02:51:53	519		Female	211	FV35 (35-39)	38	00:30:01	02:05:42	00:16:10
514	02:52:21	3793	Louise	McCluskie	02:51:05	513	Swinton Running Club	Female	212	FV50 (50-54)	28	00:31:34	02:03:13	00:16:17
515	02:52:23	3609	Victoria	Hannah	02:50:40	505		Female	213	Senior Female (18-34)	37	00:31:33	02:03:44	00:15:22
516	02:52:27	3547	Craig	Fothergill	02:50:53	511	Queensbury Running Club	Male	303	MV50 (50-54)	59	00:29:18	02:04:13	00:17:21
517	02:52:40	3236	Samantha	Atkins	02:52:18	522		Female	214	FV40 (40-44)	43	00:29:15	02:07:06	00:15:57
518	02:52:55	3402	Jayne	Sloan	02:52:50	524		Female	215	FV45 (45-49)	40	00:26:43	02:08:49	00:17:16
519	02:53:07	3482	Lorna	McEntegart	02:51:49	516	Ellesmere Port RC	Female	216	FV50 (50-54)	29	00:32:26	02:03:03	00:16:19
520	02:53:20	3954	Nadine	Lamb	02:52:59	526		Female	217	FV35 (35-39)	39	00:27:33	02:08:10	00:17:15
521	02:53:22	3407	Rachel	Finch	02:51:52	518	Warrington Running Club	Female	218	Senior Female (18-34)	38	00:30:38	02:04:04	00:17:08
522	02:53:27	3998	George	Marsden	02:52:54	525		Male	304	MV45 (45-49)	55	00:31:40	02:06:39	00:14:34
523	02:53:31	3104	Matt	Clifford	02:52:41	523		Male	305	MV45 (45-49)	56	00:30:13	02:06:33	00:15:54

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
524	02:53:32	3931	Sonja	High	02:52:59	527		Female	219	FV40 (40-44)	44	00:29:03	02:06:53	00:17:02
525	02:53:34	3279	Loma	Coy	02:52:09	521		Female	220	FV40 (40-44)	45	00:31:55	02:04:08	00:16:06
526	02:53:36	3062	Zoe	Ahearne	02:51:58	520	Nantwich Running Club	Female	221	FV45 (45-49)	41	00:31:00	02:05:11	00:15:46
527	02:53:40	3356	Maureen	Osborne	02:51:51	517	Village RR	Female	222	FV50 (50-54)	30	00:31:47	02:03:15	00:16:48
528	02:53:40	3895	Tamara	Goode	02:53:23	531		Female	223	FV45 (45-49)	42	00:29:25	02:07:42	00:16:15
529	02:54:05	3216	Carl	Hollowood	02:53:23	532		Male	306	MV45 (45-49)	57	00:28:56	02:05:43	00:18:43
530	02:54:12	3952	Adele	Bishop	02:53:55	539		Female	224	FV45 (45-49)	43	00:29:37	02:06:59	00:17:19
531	02:54:13	3825	Megan	Hummerston	02:53:35	535	Blackburn Road Runners	Female	225	Senior Female (18-34)	39	00:28:11	02:07:12	00:18:12
532	02:54:20	3565	Emma	Wolstencroft	02:53:33	533	Radcliffe ac	Female	226	FV45 (45-49)	44	00:30:30	02:06:26	00:16:36
533	02:54:21	3389	Elizabeth	Paterson	02:53:41	537	Kingfisher Harriers	Female	227	FV45 (45-49)	45	00:30:42	02:06:02	00:16:56
534	02:54:22	3220	Sarah	Ingram	02:53:41	538		Female	228	FV45 (45-49)	46	00:30:41	02:06:03	00:16:56
535	02:54:23	4008	John	Norris	02:53:14	528	Marple Runners	Male	307	MV55 (55-59)	34	00:29:58	02:06:29	00:16:45
536	02:54:54	3411	Trudi	Pary	02:53:14	529	Buckley RC	Female	229	FV45 (45-49)	47	00:30:26	02:06:49	00:15:59
537	02:55:01	3237	Ben	Atkins	02:54:39	545		Male	308	MV45 (45-49)	58	00:29:15	02:07:07	00:18:17
538	02:55:06	3618	Lynn	Boylin	02:53:33	534	Astley & Tyldesley Road Runners	Female	230	FV55 (55-59)	20	00:30:43	02:06:26	00:16:23
539	02:55:07	3671	Joan	Cooke	02:53:35	536	Astley & Tyldesley Road Runners	Female	231	FV45 (45-49)	48	00:30:44	02:06:25	00:16:25
540	02:55:13	3808	Aaron	Evans	02:54:41	546		Male	309	MV45 (45-49)	59	00:30:38	02:08:49	00:15:13
541	02:55:17	3328	Donna	Buckley	02:54:24	541		Female	232	FV35 (35-39)	40	00:29:13	02:07:31	00:17:39
542	02:55:32	3413	Marcus	Wade	02:54:28	543	Kidlington Running Club	Male	310	MV40 (40-44)	58	00:32:11	02:06:39	00:15:36
542	02:55:32	3415	Rachel	Hogg	02:54:27	542	Massey Ferguson RC	Female	233	Senior Female (18-34)	40	00:32:10	02:06:39	00:15:37
544	02:55:34	3210	Michelle	Sorley	02:54:00	540		Female	234	FV50 (50-54)	31	00:32:09	02:05:57	00:15:53
545	02:55:42	3108	Rachel	Moynihan	02:55:14	552	Lonely Goat RC	Female	235	FV45 (45-49)	49	00:29:30	02:07:28	00:18:16
546	02:55:45	3605	Bary	Lucketti	02:55:04	549	Swinton Running Club	Male	311	MV45 (45-49)	60	00:27:50	02:10:15	00:16:59
547	02:55:48	3919	Richard	Lock	02:54:35	544		Male	312	MV35 (35-39)	44	00:30:01	02:06:10	00:18:22
548	02:56:14	3093	Andy	Ward	02:55:05	550		Male	313	MV50 (50-54)	60	00:31:20	02:05:34	00:18:10
549	02:56:16	3010	Ruth	Csizmadia	02:54:47	547		Female	236	Senior Female (18-34)	41	00:32:11	02:07:23	00:15:12

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
550	02:56:23	3707	Vicky	Hubbard	02:55:41	555	Notts Women Runners	Female	237	FV45 (45-49)	50	00:33:43	02:07:53	00:14:04
551	02:56:25	3538	Steve	Conway	02:55:22	553	Liverpool Running Club	Male	314	MV65 (65-69)	11	00:31:40	02:07:06	00:16:35
552	02:56:27	3731	John	Owen	02:53:15	530	Deestridders R.C.	Male	315	MV55 (55-59)	35	00:27:27	02:07:48	00:17:59
553	02:56:30	3468	John	Lynch	02:55:12	551		Male	316	MV45 (45-49)	61	00:31:26	02:05:53	00:17:52
554	02:56:30	3736	Denise	Droog	02:54:48	548	Buckley RC	Female	238	Senior Female (18-34)	42	00:33:51	02:05:40	00:15:16
555	02:56:33	3857	Maddie	Watkins	02:56:09	560		Female	239	Senior Female (18-34)	43	00:28:49	02:08:29	00:18:51
556	02:56:41	3930	Gemma	Squires	02:56:01	558		Female	240	FV35 (35-39)	41	00:30:12	02:09:49	00:16:00
557	02:56:42	3009	Tracy	Reynolds	02:55:44	556		Female	241	FV50 (50-54)	32	00:30:54	02:08:48	00:16:01
558	02:57:15	3776	Elly	Stokes	02:55:36	554		Female	242	FV40 (40-44)	46	00:32:36	02:06:25	00:16:33
559	02:57:20	3717	Lee	Lycett	02:55:48	557	Audley striders	Male	317	MV50 (50-54)	61	00:29:22	02:08:51	00:17:33
560	02:57:23	3659	Sarah	Jenner	02:56:08	559		Female	243	FV45 (45-49)	51	00:31:17	02:08:33	00:16:17
561	02:57:49	3701	Laura	Twohig	02:56:20	561		Female	244	Senior Female (18-34)	44	00:29:16	02:10:13	00:16:50
562	02:58:08	3741	Samantha	Brooke	02:56:57	563	Cobra Running & Triathlon Club	Female	245	FV35 (35-39)	42	00:30:32	02:10:14	00:16:10
563	02:58:20	3310	Lynn	Crimes	02:56:52	562		Female	246	FV55 (55-59)	21	00:32:01	02:07:56	00:16:55
564	02:58:30	3110	Margaret	Thompson	02:57:42	566		Female	247	FV55 (55-59)	22	00:32:22	02:08:30	00:16:49
565	02:58:31	3794	Adam	Farrington	02:58:31	571		Male	318	MV35 (35-39)	45		02:38:39	00:19:51
566	02:58:43	3270	Angela	Dutton	02:57:39	565	Chester Road Runners	Female	248	FV50 (50-54)	33	00:30:40	02:09:33	00:17:26
567	02:58:46	3749	Chris	Jones	02:57:23	564		Male	319	MV55 (55-59)	36	00:30:04	02:10:50	00:16:27
568	02:58:51	3994	Paul	Williams	02:58:08	569		Male	320	MV60 (60-64)	16	00:29:23	02:09:31	00:19:14
569	02:58:55	3769	Craig	Moran	02:58:04	568		Male	321	Senior Male (18-34)	33	00:30:20	02:10:14	00:17:29
570	02:58:58	3045	Sarah	Flynn	02:57:56	567		Female	249	FV35 (35-39)	43	00:30:49	02:10:20	00:16:45
571	02:59:26	3275	Jane	Hunter	02:58:43	572		Female	250	FV45 (45-49)	52	00:30:53	02:11:52	00:15:56
572	02:59:29	3041	Paul	Flannery	02:58:26	570		Male	322	MV40 (40-44)	59	00:31:23	02:07:56	00:19:05
573	02:59:39	3014	Hannah	Dunn	02:58:53	574		Female	251	Senior Female (18-34)	45	00:29:43	02:08:57	00:20:11
574	03:00:07	3027	Margaret	Quigley	02:59:11	575	Cobra Running & Triathlon Club	Female	252	FV55 (55-59)	23	00:30:28	02:11:49	00:16:53
575	03:00:15	3020	Anne	Hansford	02:58:43	573		Female	253	FV50 (50-54)	34	00:29:35	02:11:53	00:17:13

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
576	03:00:30	3920	Linda	Wilding	02:59:20	576	Blackburn Road Runners	Female	254	FV50 (50-54)	35	00:32:06	02:09:57	00:17:15
577	03:00:33	4007	Anthony	Brown	02:59:40	578		Male	323	Senior Male (18-34)	34	00:30:21	02:11:35	00:17:42
578	03:00:51	3522	Andrea	Beaton	03:00:02	580	Nantwich Running Club	Female	255	FV40 (40-44)	47	00:28:46	02:09:56	00:21:20
579	03:00:52	3675	Lynn	Jones	02:59:44	579		Female	256	FV45 (45-49)	53	00:32:57	02:10:28	00:16:18
580	03:00:54	3211	Colin	Smith	02:59:20	577		Male	324	MV55 (55-59)	37	00:32:10	02:10:46	00:16:23
581	03:01:30	3595	Michelle	Hewson	03:00:58	584	Caistor Running Club	Female	257	FV55 (55-59)	24	00:31:44	02:11:43	00:17:30
582	03:01:30	3002	Tony	Hill	03:00:16	581	Chester Road Runners	Male	325	MV65 (65-69)	12	00:31:10	02:11:36	00:17:30
582	03:01:30	3525	Rachel	Eyre	03:00:58	583	Caistor Running Club	Female	258	FV50 (50-54)	36	00:31:43	02:11:44	00:17:30
584	03:01:47	3285	Joy	Nicholls	03:01:01	586		Female	259	FV60 (60-64)	6	00:30:38	02:12:54	00:17:28
585	03:01:54	4027	Sue	Del-Toro	03:01:11	587		Female	260	FV60 (60-64)	7	00:30:55	02:12:56	00:17:20
586	03:01:56	4009	Imogen	Timms	03:01:34	589		Female	261	Senior Female (18-34)	46	00:30:22	02:14:14	00:16:56
587	03:02:00	3059	Becki	Bakeman	03:00:39	582	Ellesmere Port RC	Female	262	FV35 (35-39)	44	00:32:17	02:10:29	00:17:53
588	03:02:05	3975	Joe	Melbourne	03:01:24	588		Male	326	MV50 (50-54)	62	00:31:21	02:12:00	00:18:01
589	03:02:27	3243	Deb	Booler	03:00:59	585	Team Derby Runner	Female	263	FV55 (55-59)	25	00:32:28	02:10:52	00:17:38
590	03:03:07	3684	Nigel	Williams	03:02:46	594		Male	327	MV55 (55-59)	38	00:30:23	02:14:49	00:17:33
591	03:03:21	3810	Heather	Ip	03:01:54	590		Female	264	FV35 (35-39)	45	00:30:16	02:14:35	00:17:02
592	03:03:25	3186	Caroline	Woods	03:02:33	593		Female	265	FV45 (45-49)	54	00:30:50	02:14:28	00:17:13
593	03:03:26	3838	Kim	Harris	03:02:26	592	Shropshire Shufflers	Female	266	Senior Female (18-34)	47	00:29:17	02:13:02	00:20:06
594	03:03:43	3249	Peter	Howell	03:02:24	591	Wrexham Ac	Male	328	MV60 (60-64)	17	00:34:56	02:10:23	00:17:04
595	03:03:54	3284	Shelly	Williams	03:03:10	601		Female	267	FV35 (35-39)	46	00:30:39	02:13:07	00:19:23
596	03:03:55	3295	Mary	Ford	03:03:08	600		Female	268	Senior Female (18-34)	48	00:30:37	02:13:06	00:19:23
597	03:03:55	3501	Jenny	Kennedy	03:03:10	602		Female	269	FV40 (40-44)	48	00:30:39	02:13:10	00:19:19
598	03:04:01	3426	Joanne	Croasdale	03:02:52	599	Blackburn Road Runners	Female	270	FV50 (50-54)	37	00:32:07	02:13:37	00:17:07
599	03:04:01	3427	Sheryl	Wynne	03:02:51	598	Blackburn Road Runners	Female	271	FV45 (45-49)	55	00:32:04	02:13:38	00:17:08
600	03:04:04	3588	Barb	Monikowski	03:03:27	603		Female	272	FV60 (60-64)	8	00:29:21	02:14:46	00:19:19
601	03:04:19	3102	Zoe	Spencer	03:02:49	597	Chester Road Runners	Female	273	FV45 (45-49)	56	00:32:56	02:12:41	00:17:10

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
602	03:04:19	3620	Laura	Cogswell	03:02:47	595		Female	274	FV40 (40-44)	49	00:32:55	02:12:40	00:17:11
602	03:04:19	4044	Sandra	Lawson	03:02:48	596		Female	274	FV55 (55-59)	26	00:32:56	02:12:41	00:17:11
604	03:04:54	3199	Sandra	Bentley	03:03:32	604	Widnes Running Club	Female	276	FV50 (50-54)	38	00:30:49	02:13:23	00:19:19
605	03:06:03	3702	David	Skeoch	03:05:09	607		Male	329	MV55 (55-59)	39	00:28:52	02:16:55	00:19:21
606	03:06:12	3288	Trudie	Taylor	03:05:42	609	Kingfisher Harriers	Female	277	FV50 (50-54)	39	00:31:23	02:15:16	00:19:02
606	03:06:12	3584	Sally	Houlihan	03:05:44	610		Female	277	FV50 (50-54)	39	00:30:52	02:15:48	00:19:03
608	03:06:18	3071	Clare	Emblem	03:04:40	605		Female	279	FV45 (45-49)	57	00:34:48	02:13:06	00:16:45
609	03:06:32	3227	Anna	Bassett	03:04:49	606	Buckley RC	Female	280	FV55 (55-59)	27	00:33:51	02:14:33	00:16:24
610	03:06:43	3240	Rio	Rogers	03:05:26	608		Female	281	Senior Female (18-34)	49	00:31:07	02:15:35	00:18:43
611	03:06:54	3187	Rebecca	Stones	03:06:00	611		Female	282	FV35 (35-39)	47	00:30:50	02:16:17	00:18:52
612	03:07:23	3269	Nicola	Joynson	03:06:14	613	Warrington Running Club	Female	283	FV45 (45-49)	58	00:32:42	02:16:26	00:17:06
612	03:07:23	3571	Jane	Damerum	03:06:14	612	Dragons Running Club (Sale)	Female	283	FV45 (45-49)	58	00:32:42	02:16:25	00:17:06
614	03:07:28	3406	Mark	Povey	03:06:59	618	West Cheshire Athletic Club	Male	330	MV50 (50-54)	63	00:28:56	02:19:44	00:18:17
615	03:07:47	3922	Kelly	Ogley	03:06:26	614	Ellesmere Port RC	Female	285	FV50 (50-54)	41	00:33:16	02:15:33	00:17:36
616	03:07:52	3745	Catherine	Scott	03:06:51	616	Chester Road Runners	Female	286	FV40 (40-44)	50	00:33:46	02:17:18	00:15:46
617	03:07:58	3146	Amanda	French	03:06:44	615		Female	287	FV45 (45-49)	60	00:32:23	02:13:53	00:20:27
618	03:08:37	3230	David	Ashton	03:06:52	617		Male	331	MV55 (55-59)	40	00:35:26	02:16:33	00:14:52
619	03:08:41	3770	Gayle	Minghella	03:07:39	620		Female	288	FV45 (45-49)	61	00:32:59	02:17:15	00:17:24
620	03:08:45	3980	Daniel	Crank	03:07:34	619		Male	332	MV35 (35-39)	46	00:31:14	02:18:46	00:17:33
621	03:08:55	3200	Rhiannon	Dafydd	03:08:12	625		Female	289	FV40 (40-44)	51	00:31:33	02:17:27	00:19:10
622	03:08:56	3473	Tom	Grant	03:08:12	624		Male	333	MV40 (40-44)	60	00:31:33	02:17:28	00:19:11
623	03:09:35	3787	Heather	McBride	03:07:57	621	Northwich Running Club	Female	290	Senior Female (18-34)	50	00:34:44	02:15:25	00:17:47
624	03:09:41	3854	Nelli	Lukacs	03:08:10	622		Female	291	Senior Female (18-34)	51	00:30:35	02:18:53	00:18:40
625	03:09:47	3744	Ben	Scott	03:08:47	627	Lonely Goat RC	Male	334	MV40 (40-44)	61	00:33:46	02:18:25	00:16:35
626	03:09:50	3870	Clair	Presford	03:08:10	623		Female	292	FV50 (50-54)	42	00:42:38	02:02:31	00:23:01
627	03:09:51	3872	Josie	Pryor-Jones	03:08:27	626	Wootton Road Runners	Female	293	FV40 (40-44)	52	00:33:07	02:17:01	00:18:18

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
628	03:10:16	3195	Jacqueline	Quirke	03:09:36	629	Kingfisher Harriers	Female	294	FV55 (55-59)	28	00:30:42	02:19:49	00:19:04
629	03:10:22	3448	Cathy	Martin	03:09:12	628	Pudsey Pacers RC	Female	295	FV45 (45-49)	62	00:34:21	02:17:04	00:17:45
630	03:10:41	3114	Kate	Parkinson	03:09:37	631		Female	296	FV35 (35-39)	48	00:33:34	02:17:50	00:18:12
631	03:10:42	3869	David	Parkinson	03:09:37	630		Male	335	MV40 (40-44)	62	00:33:33	02:17:49	00:18:14
632	03:10:57	3292	Fiona	Hutchinson	03:10:38	637	Ellesmere Port RC	Female	297	FV50 (50-54)	43	00:31:21	02:19:39	00:19:36
633	03:11:04	3052	Suzanne	Garner	03:09:44	632	Ellesmere Port RC	Female	298	FV45 (45-49)	63	00:32:16	02:17:43	00:19:44
634	03:11:05	3339	Eloisa	Lippi	03:09:47	633	Ellesmere Port RC	Female	299	FV45 (45-49)	64	00:32:27	02:19:39	00:17:40
635	03:11:23	3521	Nicola	Jones	03:10:37	636		Female	300	FV40 (40-44)	53	00:32:14	02:21:00	00:17:23
636	03:11:23	3085	Sharon	Gareh	03:10:37	635		Female	301	FV50 (50-54)	44	00:32:13	02:21:01	00:17:22
637	03:11:27	3562	Alyson	Heery	03:09:59	634		Female	302	FV45 (45-49)	65	00:32:28	02:18:05	00:19:24
638	03:12:17	3226	Chris	Brunt	03:11:02	638		Male	336	MV35 (35-39)	47	00:32:23	02:19:38	00:19:00
639	03:12:22	3089	Jonathan	Gratton	03:11:14	641	Kingstone Runners Barnsley	Male	337	MV45 (45-49)	62	00:31:49	02:18:49	00:20:35
640	03:12:22	3927	Sarah	Woodiwiss	03:11:12	640	Burden Road Runners	Female	303	FV50 (50-54)	45	00:31:48	02:18:50	00:20:34
641	03:12:22	3777	Fiona	Hill	03:11:14	642		Female	304	FV45 (45-49)	66	00:31:49	02:18:50	00:20:35
642	03:12:23	3560	Kay	Godwin	03:12:02	648	Ellesmere Port RC	Female	305	FV45 (45-49)	67	00:31:41	02:21:14	00:19:07
643	03:12:28	3612	Heather	Whelan	03:11:02	639	Red Rose Road Runners	Female	306	FV65 (65-69)	6	00:31:49	02:19:22	00:19:49
644	03:12:39	3160	Siobhán	Bonner-Stott	03:11:49	645		Female	307	FV40 (40-44)	54	00:32:29	02:21:12	00:18:07
645	03:12:44	3260	Jane	Reynolds	03:11:47	644		Female	308	FV60 (60-64)	9	00:32:14	02:20:12	00:19:20
646	03:12:50	3416	Catherine	Price	03:11:40	643		Female	309	FV60 (60-64)	10	00:34:59	02:19:54	00:16:47
647	03:13:13	3245	Amanda	Williams	03:12:24	651	Northwich Running Club	Female	310	FV50 (50-54)	46	00:33:37	02:18:58	00:19:48
648	03:13:31	3113	Lizzie	Kelly	03:12:00	646	St Helens Striders	Female	311	Senior Female (18-34)	52	00:30:39	02:23:04	00:18:16
649	03:13:32	3156	Helen	Kay	03:12:01	647		Female	312	FV50 (50-54)	47	00:30:39	02:23:04	00:18:16
650	03:13:33	3029	Lisa	Kidd	03:12:59	654	Caistor Running Club	Female	313	FV45 (45-49)	68	00:34:32	02:21:11	00:17:15
651	03:13:34	3118	Leah	Maddison	03:12:59	653	Caistor Running Club	Female	314	FV35 (35-39)	49	00:34:32	02:21:11	00:17:15
652	03:13:37	3589	Lindsay	Johnson	03:12:26	652	Pudsey Pacers RC	Female	315	FV50 (50-54)	48	00:34:20	02:19:28	00:18:37
653	03:13:42	3368	Heather	Higgs	03:13:07	657	Rising Brook Runners	Female	316	FV35 (35-39)	50	00:33:19	02:22:50	00:16:57

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
654	03:13:45	3063	Emma	Pritchard	03:13:03	656	Notts Women Runners	Female	317	FV35 (35-39)	51	00:33:46	02:21:56	00:17:21
655	03:13:50	3217	Penny	Jones	03:12:23	650		Female	318	FV35 (35-39)	52	00:32:37	02:21:22	00:18:23
656	03:13:51	3233	Pete	Duffy	03:13:02	655	Chester Road Runners	Male	338	MV70 (70-74)	1	00:29:55	02:21:32	00:21:35
657	03:14:01	3868	Janet	Hughes	03:12:22	649	Holywell Blade Runners	Female	319	FV55 (55-59)	29	00:33:39	02:19:48	00:18:54
658	03:14:41	3877	Lisa	Grimshaw	03:13:26	658		Female	320	FV45 (45-49)	69	00:32:22	02:22:07	00:18:56
659	03:15:26	3674	Dawn	Jones	03:14:00	659		Female	321	FV55 (55-59)	30	00:32:10	02:22:47	00:19:02
660	03:15:27	3673	Alice	Jones-Blunt	03:14:02	660		Female	322	Senior Female (18-34)	53	00:32:11	02:22:48	00:19:02
661	03:15:27	3727	Joanne	Seabourne	03:14:02	661		Female	323	FV40 (40-44)	55	00:32:11	02:23:09	00:18:41
662	03:16:03	3178	Katherine	Fisher	03:14:51	663		Female	324	FV45 (45-49)	70	00:31:54	02:22:37	00:20:19
663	03:16:04	3050	Adrian	Simmonds	03:14:52	664		Male	339	MV50 (50-54)	64	00:31:54	02:22:38	00:20:20
664	03:16:09	3164	Fran	Allison	03:15:34	668	Caistor Running Club	Female	325	FV55 (55-59)	31	00:34:32	02:22:52	00:18:09
665	03:16:09	3205	Chris	Allison	03:15:33	666	Caistor Running Club	Male	340	MV55 (55-59)	41	00:34:30	02:22:53	00:18:10
665	03:16:09	3905	Jo	Ramsay	03:15:34	667	Caistor Running Club	Female	326	FV50 (50-54)	49	00:34:31	02:22:52	00:18:09
667	03:16:16	3546	Linda	Fothergill	03:14:42	662	100 Marathon Club	Female	327	FV50 (50-54)	50	00:31:43	02:24:20	00:18:37
668	03:17:03	3653	Fi	Stone	03:15:29	665	Howgill Harriers	Female	328	FV40 (40-44)	56	00:33:59	02:23:06	00:18:22
669	03:17:35	3723	Warren	Spencer	03:16:13	669		Male	341	MV35 (35-39)	48	00:31:15	02:24:41	00:20:16
670	03:17:44	3642	Carole	Cresswell	03:16:39	670		Female	329	FV50 (50-54)	51	00:33:19	02:23:55	00:19:24
671	03:17:45	3428	Beverley	Gray	03:16:39	671		Female	330	FV50 (50-54)	52	00:33:19	02:23:55	00:19:24
672	03:17:45	3759	Julie	Swanepoel	03:16:51	674	Ackworth Road Runners	Female	331	FV60 (60-64)	11	00:33:00	02:25:15	00:18:36
672	03:17:45	4052	Maccauley	Calby	03:16:50	672		Male	342	Senior Male (18-34)	35	00:32:58	02:29:55	00:13:56
674	03:17:46	3302	Mark	Calby	03:16:51	673		Male	343	MV45 (45-49)	63	00:33:00	02:29:54	00:13:56
675	03:17:58	3423	Tracey	Andres	03:17:26	679	Caistor Running Club	Female	332	FV45 (45-49)	71	00:34:33	02:21:13	00:21:39
676	03:18:16	3047	Hayley	McNicholas	03:17:16	677	Wallasey Athletic Club	Female	333	Senior Female (18-34)	54	00:31:10	02:25:45	00:20:20
677	03:18:23	3421	Isobel	Hudspeth	03:17:49	681	Caistor Running Club	Female	334	FV50 (50-54)	53	00:32:44	02:22:24	00:22:41
678	03:18:37	3073	Sandra	Grievson	03:17:21	678	Chester Road Runners	Female	335	FV55 (55-59)	32	00:31:38	02:25:40	00:20:02
679	03:18:39	3294	Emma	Parkes	03:18:05	684	British Airways AC	Female	336	FV40 (40-44)	57	00:32:45	02:21:52	00:23:27

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
680	03:18:39	3147	Lindsay	Parkes	03:18:05	685		Female	337	FV40 (40-44)	58	00:32:45	02:21:52	00:23:28
681	03:18:40	3602	Dawn	Swettenham	03:16:58	676		Female	338	FV55 (55-59)	33	00:33:55	02:23:29	00:19:33
682	03:18:41	3601	Ian	Swettenham	03:16:57	675		Male	344	MV60 (60-64)	18	00:33:55	02:23:30	00:19:32
683	03:19:18	3689	Sian	O'Dell	03:17:48	680		Female	339	Senior Female (18-34)	55	00:33:54	02:23:46	00:20:07
684	03:19:28	3914	Lindsay	O'Dea	03:17:53	682		Female	340	FV40 (40-44)	59	00:33:59	02:25:07	00:18:46
685	03:19:44	3405	Anna	Shore	03:18:04	683		Female	341	Senior Female (18-34)	56	00:33:47	02:25:23	00:18:54
686	03:19:52	3446	Nicky	Clark	03:18:32	686	Ellesmere Port RC	Female	342	FV50 (50-54)	54	00:33:56	02:26:04	00:18:31
687	03:19:56	3742	Amy	Jordan	03:18:43	687	Cobra Running & Triathlon Club	Female	343	FV40 (40-44)	60	00:33:59	02:25:00	00:19:43
688	03:21:07	3001	Mark	Prentice	03:20:05	688		Male	345	MV50 (50-54)	65	00:31:06	02:26:19	00:22:40
689	03:21:28	3289	Ralph	McDermott	03:20:27	689	Pudsey Pacers RC	Male	346	MV50 (50-54)	66	00:34:30	02:23:07	00:22:49
690	03:21:52	3811	Tim	Manning	03:21:34	692	Chester Road Runners	Male	347	MV50 (50-54)	67	00:32:38	02:27:17	00:21:38
691	03:22:26	3025	Amy	Towers	03:21:27	691		Female	344	Senior Female (18-34)	57	00:33:38	02:31:44	00:16:04
692	03:23:08	4056	Alice	Rapier	03:21:26	690		Female	345	Senior Female (18-34)	58	00:33:45	02:28:10	00:19:30
693	03:23:31	3925	Helen	Shan	03:22:40	693		Female	346	FV40 (40-44)	61	00:34:05	02:28:14	00:20:20
694	03:23:31	3881	Rebecca	Martin	03:22:40	694		Female	347	FV45 (45-49)	72	00:34:06	02:28:13	00:20:21
695	03:24:26	3434	Dorothy	Carter	03:22:54	695		Female	348	FV60 (60-64)	12	00:32:58	02:31:10	00:18:46
696	03:24:37	3297	Jackie	McGowan	03:24:37	699	Potters Trotters	Female	349	FV55 (55-59)	34	00:37:15	02:28:12	00:19:09
697	03:25:01	3224	Delyth	Solari	03:23:57	696		Female	350	FV50 (50-54)	55	00:33:35	02:29:20	00:21:01
698	03:25:31	3341	Bethan	Stewart-Thomson	03:24:26	697	Ellesmere Port RC	Female	351	FV35 (35-39)	53	00:34:49	02:29:52	00:19:45
699	03:25:31	3208	Carmel	Barnett	03:24:28	698	Ellesmere Port RC	Female	352	FV60 (60-64)	13	00:34:51	02:29:52	00:19:44
700	03:26:26	3033	Sarah	Harris	03:24:50	700		Female	353	FV50 (50-54)	56	00:34:51	02:31:05	00:18:53
701	03:27:11	3273	Lindsay	Trelford	03:26:08	703	Lonely Goat RC	Female	354	FV40 (40-44)	62	00:33:28	02:33:34	00:19:06
702	03:27:28	3652	Kevin	Prince	03:26:02	701	GoodGym Race Team	Male	348	MV50 (50-54)	68	00:33:58	02:31:40	00:20:23
703	03:27:31	3651	Sharon	Prince	03:26:05	702	GoodGym Race Team	Female	355	FV50 (50-54)	57	00:33:59	02:31:40	00:20:26
704	03:27:42	3958	Clare	Rubin	03:26:29	704		Female	356	FV50 (50-54)	58	00:35:28	02:37:17	00:13:43
705	03:28:01	3176	Angela	Bailey	03:26:31	705		Female	357	FV45 (45-49)	73	00:32:45	02:32:15	00:21:31

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
706	03:28:03	3578	Donna-Marie	McGovern	03:26:44	706		Female	358	FV35 (35-39)	54	00:34:45	02:32:22	00:19:35
707	03:28:04	3194	Kate	Whittaker	03:26:50	707		Female	359	FV40 (40-44)	63	00:33:05	02:31:46	00:21:58
708	03:28:04	3242	Tim	Hampson	03:26:50	707		Male	349	MV60 (60-64)	19	00:33:05	02:31:45	00:21:59
709	03:28:40	3698	Linda	Jones	03:27:09	709		Female	360	FV50 (50-54)	59	00:35:00	02:32:48	00:19:19
710	03:28:46	3418	Jean	Bothwell	03:27:46	710		Female	361	FV65 (65-69)	7	00:36:08	02:31:44	00:19:53
711	03:28:50	3069	Nem	James	03:28:33	716	Prestatyn RC	Male	350	Senior Male (18-34)	36	00:34:15	02:33:10	00:21:07
712	03:29:14	3388	Jamie	Hartley	03:27:55	711	Ellesmere Port RC	Male	351	MV40 (40-44)	63	00:32:26	02:33:19	00:22:08
713	03:29:22	3241	Allan	Gibbs-Monaghan	03:28:02	712	Liverpool Running Bugs	Male	352	MV45 (45-49)	64	00:32:35	02:34:21	00:21:04
714	03:29:26	3574	Louise	Dukes	03:28:21	713		Female	362	FV35 (35-39)	55	00:34:07	02:30:23	00:23:50
715	03:29:27	3587	Kelly	Disley	03:28:21	714		Female	363	FV35 (35-39)	56	00:34:06	02:30:22	00:23:51
716	03:29:32	3983	Jane	McCallow	03:28:27	715	Ellesmere Port RC	Female	364	FV55 (55-59)	35	00:34:50	02:31:11	00:22:26
717	03:31:08	3048	Tracy	Dabell	03:30:28	717	Notts Women Runners	Female	365	FV55 (55-59)	36	00:34:49	02:32:59	00:22:39
718	03:31:40	3258	Marie	O'Connor	03:31:06	718	Massey Ferguson RC	Female	366	FV55 (55-59)	37	00:36:15	02:35:23	00:19:27
719	03:32:18	3541	Nicole	Van Den Wittenbo	03:31:15	719	Buckley RC	Female	367	FV50 (50-54)	60	00:30:27	02:39:24	00:21:24
720	03:34:09	3503	Jennifer	Haley	03:32:44	720		Female	368	FV40 (40-44)	64	00:33:56	02:39:42	00:19:04
721	03:34:30	3572	Iain	Webster	03:33:04	721		Male	353	MV50 (50-54)	69	00:31:43	02:37:28	00:23:51
722	03:35:23	3887	Vicky	Murphy	03:34:49	726		Female	369	FV35 (35-39)	57	00:32:40	02:41:05	00:21:02
723	03:35:34	3386	Victoria	Hinchliffe	03:34:48	725	RBR Club	Female	370	FV35 (35-39)	58	00:33:12	02:39:06	00:22:29
724	03:35:41	3381	Nicholas	Rae	03:34:39	724		Male	354	MV60 (60-64)	20	00:34:52	02:38:55	00:20:50
725	03:35:56	3691	Daniel	Ashdown	03:34:23	722		Male	355	Senior Male (18-34)	37	00:32:47	02:33:58	00:27:37
726	03:35:56	3692	Anthony	Ashdown	03:34:23	723		Male	356	Senior Male (18-34)	38	00:32:47	02:33:58	00:27:37
727	03:36:33	3272	Jane	Edwards	03:35:08	727		Female	371	FV55 (55-59)	38	00:35:10	02:39:37	00:20:20
728	03:37:57	3117	Lee	South	03:36:11	728		Male	357	MV40 (40-44)	64	00:36:08	02:37:37	00:22:26
729	03:39:00	3134	Gayle	Evans	03:37:35	729	Chester Road Runners	Female	372	FV40 (40-44)	65	00:33:56	02:41:17	00:22:21
730	03:40:37	3372	Brian	Wareing	03:39:06	730	Penyffordd Run Club	Male	358	MV75 (75-79)	1	00:39:31	02:39:03	00:20:32
731	03:41:57	3088	David	Leece	03:40:59	731	Village RR	Male	359	MV45 (45-49)	65	00:36:58	02:42:08	00:21:52

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Position	Finish time	Number	First name	Last name	Net time	Net Position	Club	Gender	Gender Position	Category	Category Position	4.8K Leg	24K Leg	Finish Leg
1	01:36:19	3414	Dean	Howlett	01:36:19	1	Kirkby Milers AC	Male	1	MV40 (40-44)	1	00:17:46	01:09:40	00:08:52
2	01:36:50	3737	Jonathan	Kettle	01:36:50	2	North Wales Road Runners	Male	2	MV45 (45-49)	1	00:17:34	01:10:11	00:09:04
3	01:37:27	3634	Tom	Dunlop	01:37:25	3	Derwent AC Cockermouth	Male	3	Senior Male (18-34)	1	00:17:59	01:10:42	00:08:43
732	03:46:20	3155	Elizabeth	Chantler	03:44:42	732	Ramsbottom Running Club	Female	373	FV45 (45-49)	74	00:36:56	02:46:19	00:21:26
733	03:48:02	3250	Alexis	Baty	03:46:42	733	Wrexham Ac	Female	374	FV55 (55-59)	39	00:35:03	02:49:28	00:22:10
734	03:48:09	3847	Paul	Jones	03:47:34	734		Male	360	MV40 (40-44)	65	00:37:21	02:49:05	00:21:07
735	03:49:41	3957	Maxine	Henderson	03:48:07	735		Female	375	FV55 (55-59)	40	00:35:36	02:51:03	00:21:27
736	03:53:55	3307	Penny	Moreton	03:52:12	736	Glaxo Hoad Hill Harriers	Female	376	FV60 (60-64)	14	00:42:13	02:49:40	00:20:18
737	03:56:04	3326	Becky	Fennelly	03:54:51	737	Ealing Eagles Running Club	Female	377	FV45 (45-49)	75	00:39:54	02:53:23	00:21:33
738	03:57:07	3183	Jayne	Reynolds	03:55:39	738	Northwich Running Club	Female	378	FV55 (55-59)	41	00:39:11	02:54:24	00:22:04