

### Sport in the Port 10k - 16.06.13

Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
665	MOHAMMAD	ABUREZEQ	M	1	MSEN	1		00:31:02	1	00:31:02	1
658	TARUS	ELLY	M	2	MSEN	2	Salford Harriers & AC	00:31:31	2	00:31:31	2
635	NATHAN	JONES	M	3	MJNR	1	Eryri Harriers	00:32:13	3	00:32:13	3
679	JAMES	HORMAN	M	4	MSEN	3	Liverpool Harriers & AC	00:32:54	4	00:32:54	4
683	JON	BOWIE	M	5	MSEN	4	Trismart	00:33:00	5	00:33:00	5
800	Stuart	Doyle	M	6	M40	1		00:33:19	6	00:33:19	6
439	DANIEL	WESTON	M	7	MSEN	5	Wrexham AC	00:33:33	7	00:33:33	7
708	PHILLIP	LANGAN	M	8	MSEN	6	Ellesmere Port RC	00:34:44	8	00:34:44	8
650	KARL	PICKSTOCK	M	9	MSEN	7	Wallasey Athletics Club	00:35:27	9	00:35:27	9
377	MICHAEL	DIAMOND	M	10	MSEN	8		00:36:11	10	00:36:08	10
365	ADAM	GOVERN	M	11	MSEN	9		00:36:14	11	00:36:14	11
680	MARK	CONNOR	M	12	MSEN	10	Knowsley Harriers AC	00:36:15	12	00:36:15	12
584	ANTHONY	BARBAT	M	13	M50	1	Wallasey Athletics Club	00:36:46	13	00:36:46	13
402	RICHARD	DAVIES	M	14	MSEN	11	Wirral ac	00:36:58	14	00:36:56	14
200	KIRSTY	LONGLEY	F	1	F35	1	Liverpool Pembroke Sefton	00:37:00	15	00:37:00	15
737	JOHN	PRICHARD-TAYLOR	M	15	M40	2	Wrexham AC	00:37:03	16	00:37:03	16
453	MARK	DAVIES	M	16	MSEN	12	West Cheshire AC	00:37:12	17	00:37:12	18
456	STEVEN	HAYES	M	17	MSEN	13	Deestriders	00:37:16	18	00:37:16	19
47	GEMMA	CONNOLLY	F	2	FSEN	1	St Helens Sutton AC	00:37:22	19	00:37:22	20
564	JEFF	GIFFORD	M	18	M45	1	Buckley Runners	00:37:26	20	00:37:26	21
676	JAMES	CASSIDY	M	19	MSEN	14	Liverpool Harriers & AC	00:37:44	21	00:37:44	22
536	IRFON	ROWLANDS	M	20	M45	2	Cybi Striders	00:37:49	22	00:37:49	23
616	JIM	WOODCOCK	M	21	M60	1	Menai Track and Field	00:38:00	23	00:38:00	25
709	LYNDON	EASTHOPE	M	22	MSEN	15	Penny Lane Striders	00:38:03	24	00:38:03	26
411	ROBERT	JONES	M	23	MSEN	16		00:38:04	25	00:37:59	24
653	NEIL	BULLOCK	M	24	MSEN	17	Penny Lane Striders	00:38:26	26	00:38:26	28
529	GARY	O'CONNOR	M	25	M40	3		00:38:31	27	00:38:31	29
525	Steven	Walker	M	26	M50	2	City of Chester Triathlon Club	00:38:35	28	00:38:35	30
646	THOMAS	FLETCHER	M	27	MSEN	18		00:38:37	29	00:38:16	27
467	ANDY	JONES	M	28	MSEN	19	Wrexham AC	00:38:39	30	00:38:39	31
384	ROBERT	BEECH	M	29	MSEN	20	UK Net Runner	00:38:46	31	00:38:46	32
576	SIMON	ROGERS	M	30	M50	3	Pensby Runners	00:38:50	32	00:38:50	33
706	COLIN	DOBBS	M	31	MSEN	21	Penny Lane Striders	00:38:54	33	00:38:54	34
596	GRAHAM	EARLAM	M	32	M55	1	Ellesmere Port RC	00:38:55	34	00:38:55	35
111	TRACY	ENTWISTLE	F	3	F40	1	Warrington Road Runners	00:38:55	35	00:38:55	36
722	JASON	THOMAS	M	33	M40	4	Cybi Striders	00:38:56	36	00:38:56	37
602	ROBERT	FREEMAN	M	34	M55	2	West Cheshire AC	00:39:04	37	00:39:04	38
572	JON	PRICHARD	M	35	M50	4	Tattenhall Runners	00:39:12	38	00:39:12	39
700	GRAHAM	HALSALL	M	36	MSEN	22	Penny Lane Striders	00:39:15	39	00:39:15	40
458	ROBERT	LITTLE	M	37	MSEN	23	West Cheshire AC	00:39:21	40	00:39:21	41

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522	DAVID	MILLINGTON	M	38	M40	5	Wrexham AC	00:39:34	41	00:39:34	42
587	ROBERT	CRANSTONE	M	39	M50	5		00:39:35	42	00:39:35	43
460	ADAM	OWEN-SMITH	M	40	MSEN	24	Wallasey Athletics Club	00:39:41	43	00:39:41	44
538	GARY	BLACKWELL	M	41	M45	3	Deeside AAC	00:39:45	44	00:39:45	45
552	MARK	WILLIAMS	M	42	M45	4	Deestridders	00:39:49	45	00:39:49	46
482	MICHAEL	AUSTIN	M	43	MSEN	25	Buckley Runners	00:40:01	46	00:40:01	49
725	STEPHEN	CUNNINGHAM	M	44	M40	6	West Cheshire AC	00:40:03	47	00:40:00	48
360	AKRAM	ABOUAESHA	M	45	MSEN	26	Chorlton Runners	00:40:06	48	00:39:58	47
400	KEVIN	YATES	M	46	MSEN	27	Lordshill Road Runners	00:40:13	49	00:40:07	50
610	DAVID	NALDER	M	47	M55	3	Ellesmere Port RC	00:40:27	50	00:40:27	51
527	PAUL	MORTON	M	48	M40	7		00:40:38	51	00:40:38	52
715	JOHN	MCMANNIMAN	M	49	MSEN	28	Liverpool running club	00:40:40	52	00:40:40	53
544	MICHAEL	WARING	M	50	M45	5	City of Chester Triathlon Club	00:40:44	53	00:40:40	54
32	HELEN	GRAINGER	F	4	FSEN	2	Hallamshire Harriers	00:40:48	54	00:40:48	56
528	JOHN	MURRAY	M	51	M40	8	manchester triathlon club	00:40:52	55	00:40:52	57
628	RYAN	CUNLIFFE	M	52	MU17	1		00:40:56	56	00:40:41	55
495	JEFF	BYNON	M	53	M40	9		00:40:56	57	00:40:56	58
557	ROY	GASKILL	M	54	M45	6	Helsby RC	00:41:02	58	00:41:01	59
502	CRAIG	PRANDLE	M	55	M40	10	Wrexham AC	00:41:18	59	00:41:18	63
670	MARK	OWEN	M	56	MSEN	29		00:41:20	60	00:41:12	60
691	STEVE	HILLIER	M	57	MSEN	30	West Cheshire AC	00:41:23	61	00:41:18	62
466	CHRIS	HYNDMAN	M	58	MSEN	31	Deestridders	00:41:24	62	00:41:13	61
19	MICHAELA	OWEN	F	5	FSEN	3	Cybi Striders	00:41:26	63	00:41:26	65
655	NEIL	PHILLIPS	M	59	MSEN	32		00:41:27	64	00:41:27	66
540	PAUL	COLLINS	M	60	M45	7	Stockport Harriers & AC	00:41:33	65	00:41:20	64
469	STEVIE	ROBERTS	M	61	MSEN	33		00:41:33	66	00:41:33	67
585	DAVID	BAUGH	M	62	M50	6	Denbigh Harriers	00:41:35	67	00:41:35	68
556	PAUL	DAVIES	M	63	M45	8	Oswestry Olympians	00:41:42	68	00:41:42	69
444	MARK	EARLAM	M	64	MSEN	34		00:41:54	69	00:41:54	70
641	JACK	POLLARD	M	65	MSEN	35		00:41:56	70	00:41:56	72
362	NATHAN	DAVIES	M	66	MSEN	36		00:42:03	71	00:42:00	74
726	STEPHEN	COSTAIN	M	67	M40	11		00:42:04	72	00:41:56	73
515	PETER	LEAK	M	68	M40	12		00:42:04	73	00:41:55	71
591	DEREK	FULLWOOD	M	69	M50	7		00:42:04	74	00:42:01	75
418	ALEC	JERVIS	M	70	MSEN	37	West Cheshire AC	00:42:06	75	00:42:02	76
688	JAMES	BROOKER	M	71	MSEN	38	Southport and Waterloo AC	00:42:08	76	00:42:08	79
638	John	Quirk	M	72	M50	8		00:42:09	77	00:42:07	77
705	GAVIN	ROCHE	M	73	MSEN	39		00:42:12	78	00:42:12	80
760	KEITH	ANDREWS	M	74	M45	9		00:42:13	79	00:42:08	78
693	ROBERT	EVANS	M	75	MSEN	40		00:42:15	80	00:42:15	82

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492	LEE	WARD	M	76	MSEN	41	liverpool running club	00:42:27	81	00:42:27	86
710	JONATHAN	COLE	M	77	MSEN	42	Ellesmere Port RC	00:42:28	82	00:42:28	87
741	COLIN	MINSHULL	M	78	M40	13	City of Chester Triathlon Club	00:42:29	83	00:42:23	83
782	JOE	MCGRATH	M	79	M55	4		00:42:29	84	00:42:29	88
776	RICHARD	SAUNDERS	M	80	M50	9	Wallasey Athletics Club	00:42:29	85	00:42:14	81
421	TIM	PARKER	M	81	MSEN	43		00:42:35	86	00:42:25	85
371	TOM	ROBERTS	M	82	MSEN	44		00:42:39	87	00:42:39	90
649	STEPHEN	DEVANEY	M	83	MSEN	45		00:42:50	88	00:42:36	89
675	PAUL	HIGGINSON	M	84	MSEN	46		00:42:57	89	00:42:57	95
593	DUNCAN	SHUTTLEWORTH	M	85	M50	10		00:42:59	90	00:42:47	91
452	GRAHAME	SMITH	M	86	MSEN	47		00:43:01	91	00:42:58	97
493	RAY	WILLIAMS	M	87	MSEN	48		00:43:02	92	00:42:49	92
408	MARK	GOULD	M	88	MSEN	49	City of Chester Triathlon Club	00:43:02	93	00:42:55	94
745	GREG	SUTHERLAND	M	89	M45	10		00:43:03	94	00:43:00	98
636	MIKE	FRYER	M	90	MSEN	50		00:43:03	95	00:43:03	100
398	DAVID	MURPHY	M	91	MSEN	51		00:43:04	96	00:42:52	93
461	KEVIN	PARRY	M	92	MSEN	52		00:43:08	97	00:43:05	101
775	ARWEL	JONES	M	93	M50	11	Prestatyn Running Club	00:43:11	98	00:43:06	102
427	NEIL	ROBINSON	M	94	MSEN	53		00:43:12	99	00:42:57	96
594	MIKE	STONE	M	95	M50	12	Wirral AC	00:43:14	100	00:43:11	103
490	IAN	ROBERTS	M	96	MSEN	54	St Helens Sutton AC	00:43:14	101	00:43:03	99
246	MARGARET	LUDDEN	F	6	F50	1	Buckley Runners	00:43:19	102	00:43:19	105
643	ADAM	TYSOE	M	97	MSEN	55	Liverpool Running Club	00:43:23	103	00:43:17	104
640	DAN	SEYMOUR	M	98	MSEN	56		00:43:32	104	00:43:27	106
446	MATTHEW	GIVEN	M	99	MSEN	57	Stockport Harriers & AC	00:43:36	105	00:43:34	107
83	TRACEY	LLEWELLYN	F	7	F35	2	Cybi Striders	00:43:37	106	00:43:37	108
392	ANDREW	MCGLYNN	M	100	MSEN	58		00:43:44	107	00:43:44	112
574	NEIL	CARTER	M	101	M50	13	West Cheshire AC	00:43:47	108	00:43:43	109
713	JOHN	LYNCH	M	102	MSEN	59		00:43:48	109	00:43:44	111
387	JAMIE	HOARE	M	103	MSEN	60		00:43:48	110	00:43:48	115
478	JIM	SAVAGE	M	104	MSEN	61	Knowsley Harriers AC	00:43:52	111	00:43:47	114
590	STEVE	CULLEN	M	105	M50	14		00:43:52	112	00:43:52	117
187	SHARON	SAMSON	F	8	FSEN	4	Knowsley Harriers AC	00:43:52	113	00:43:47	113
573	ROY	TRAYNOR	M	106	M50	15	Ellesmere Port RC	00:43:53	114	00:43:51	116
543	RAY	TRAN	M	107	M45	11	City of Chester Triathlon Club	00:43:58	115	00:43:54	118
731	NICK	MASSEY	M	108	M40	14	Halton & Frodsham Harriers	00:44:02	116	00:44:01	120
363	ROSS	SPRUCE	M	109	MSEN	62		00:44:06	117	00:43:54	119
475	JAMES	POPE	M	110	MSEN	63		00:44:08	118	00:44:02	121
717	JESS	BOWIE	M	111	M40	15	Liverpool Running Club	00:44:14	119	00:44:09	124
213	SUSAN	FOURIE	F	9	F40	2	City of Chester Triathlon Club	00:44:14	120	00:44:10	125

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404	DAVID	HARTLEY	M	112	MSEN	64	Ellesmere Port RC	00:44:14	121	00:44:08	122
561	MICHAEL	CONNOR	M	113	M45	12	Knowsley Harriers AC	00:44:18	122	00:44:14	126
380	LEON	MAGUIRE	M	114	MSEN	65		00:44:18	123	00:43:43	110
608	CHRIS	BALDWIN	M	115	M55	5	Denbigh Harriers	00:44:24	124	00:44:24	130
436	IAN	MORTIMER	M	116	MSEN	66	long eaton running club	00:44:27	125	00:44:08	123
772	DAVID	ROBERTS	M	117	M50	16	Ellesmere Port RC	00:44:27	126	00:44:21	128
507	MARTIN	HAYWARD	M	118	M40	16	Newcastle (Staffs) AC	00:44:29	127	00:44:14	127
473	PAUL	HEWITSON	M	119	MSEN	67		00:44:29	128	00:44:22	129
707	GRAHAM	CUSHION	M	120	MSEN	68	Liverpool Running Club	00:44:42	129	00:44:36	132
441	GARETH	BURROUGHES	M	121	MSEN	69		00:44:43	130	00:44:29	131
757	JON	EVANS	M	122	M45	13	NWRRC	00:44:45	131	00:44:40	133
629	SCOTT	MCCUBBIN	M	123	MU17	2		00:44:49	132	00:44:43	136
668	PHILLIP	ROBERTS	M	124	MSEN	70		00:44:49	133	00:44:44	137
654	DANIEL	ARMITAGE	M	125	MSEN	71		00:44:52	134	00:44:45	138
390	MICHAEL	LAMB	M	126	MSEN	72		00:44:53	135	00:44:41	134
569	RUSSELL	MACDONALD-BARBER	M	127	M50	17		00:44:54	136	00:44:42	135
701	PAUL	GOFFEY	M	128	MSEN	73	Denbigh Harriers	00:44:57	137	00:44:57	144
785	CERIS	OWEN	M	129	M55	6		00:44:58	138	00:44:51	139
663	ANDREW	COOPER	M	130	MSEN	74		00:45:04	139	00:44:53	143
438	MARK	STUBBS	M	131	MSEN	75		00:45:04	140	00:44:52	142
488	STEPHEN	PARRY	M	132	MSEN	76		00:45:06	141	00:44:52	141
503	SIMON	PRESCOTT	M	133	M40	17	Ellesmere Port RC	00:45:11	142	00:45:04	146
617	GRAHAME	SHONE	M	134	M60	2	Abergele Harriers	00:45:13	143	00:45:11	152
729	MIKE	GIBBONS	M	135	M40	18		00:45:14	144	00:45:12	154
681	ANTONY	JONES	M	136	MSEN	77		00:45:15	145	00:45:08	149
685	MARK	HILL	M	137	MSEN	78		00:45:16	146	00:45:16	155
684	ROB	ANTROBUS	M	138	MSEN	79		00:45:17	147	00:45:08	148
768	TONY	SPRIGGS	M	139	M50	18	City of Chester Triathlon Club	00:45:18	148	00:45:03	145
565	WULLIE	MCGARRELL	M	140	M45	14		00:45:20	149	00:45:10	150
514	KARL	HANNIGAN	M	141	M40	19	Ellesmere Port RC	00:45:20	150	00:45:18	158
374	SEAN	MURPHY	M	142	MSEN	80		00:45:21	151	00:45:10	151
586	CLIVE	BEASOR	M	143	M50	19		00:45:21	152	00:44:52	140
140	S	FARROW	F	10	F50	2	Headington road runners	00:45:26	153	00:45:11	153
563	ERIC	GIBSON	M	144	M45	15	Pensby Runners	00:45:27	154	00:45:17	157
682	KARL	HILL	M	145	MSEN	81		00:45:31	155	00:45:16	156
455	MELVYN	GRIFFITHS	M	146	MSEN	82		00:45:34	156	00:45:31	162
247	JACKI	JARVIS	F	11	F50	3	Oswestry Olympians	00:45:35	157	00:45:35	163
612	PHIL	ARMITT	M	147	M60	3		00:45:37	158	00:45:26	159
477	BEN	ROBINSON	M	148	MSEN	83		00:45:40	159	00:45:30	160
620	DAVE	HOUGH	M	149	M60	4	West Cheshire AC	00:45:44	160	00:45:42	166

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430	KEITH	BROOKBANKS	M	150	MSEN	84		00:45:45	161	00:45:05	147
592	TERRY	POOLE	M	151	M50	20	Thornton Cleveleys Running Clu	00:45:46	162	00:45:46	167
393	TREVOR	PARRY	M	152	MSEN	85		00:45:50	163	00:45:39	165
689	STEVEN	OWENS	M	153	MSEN	86		00:45:53	164	00:45:49	168
740	MAURICE	DOYLE	M	154	M40	20		00:45:58	165	00:45:31	161
589	PAUL	CLARKE	M	155	M50	21		00:46:06	166	00:46:02	169
666	BENJAMIN	ELLIS	M	156	MSEN	87		00:46:09	167	00:45:37	164
723	RICKY	WEST	M	157	M40	21	Team Twit	00:46:12	168	00:46:12	170
450	MARK	RAVEY	M	158	MSEN	88		00:46:15	169	00:46:15	174
153	ROSEMARY	ROGERS	F	12	F60	1	Deestridders	00:46:16	170	00:46:16	176
255	Helen	Lester	F	13	F40	3	Ellesmere Port RC	00:46:23	171	00:46:16	175
526	IAN	KIRBY	M	159	M40	22		00:46:23	172	00:46:14	172
716	CONOR	MC GARRY	M	160	MSEN	89	Knowsley Harriers AC	00:46:25	173	00:46:20	179
383	GARETH	WILLIAMS	M	161	MSEN	90		00:46:28	174	00:46:13	171
604	NIGEL	RUSSELL	M	162	M55	7	Eryri Harriers	00:46:32	175	00:46:26	181
694	MICHAL	KUNDRÁĀT	M	163	MSEN	91		00:46:33	176	00:46:19	177
607	DAVID	GRUBE	M	164	M55	8		00:46:34	177	00:46:20	178
581	RON	KENNY	M	165	M50	22		00:46:39	178	00:46:39	185
606	BRIAN	GRIFFITHS	M	166	M55	9	Ellesmere Port RC	00:46:40	179	00:46:32	183
410	JAMES	HUGHES	M	167	MSEN	92		00:46:41	180	00:46:30	182
369	PAUL	DOVEY	M	168	MSEN	93		00:46:52	181	00:46:15	173
703	ANTHONY	FAIRHURST	M	169	MSEN	94		00:46:52	182	00:46:22	180
687	PAUL	AINSWORTH	M	170	MSEN	95		00:46:53	183	00:46:43	186
224	HELEN	JOHNSON	F	14	F40	4	Ellesmere Port RC	00:47:00	184	00:46:54	191
614	DAVID ALAN	JONES	M	171	M60	5	Denbigh Harriers	00:47:01	185	00:46:52	190
747	NEIL	O'HAGAN	M	172	M45	16		00:47:01	186	00:46:56	192
662	DANIEL	KNOX	M	173	MSEN	96		00:47:05	187	00:46:45	187
510	NEIL	RINGSTEAD	M	174	M40	23	Ellesmere Port RC	00:47:06	188	00:47:06	197
671	MICHAEL	SHUM	M	175	MSEN	97		00:47:07	189	00:46:33	184
659	ANDY	PULLEN	M	176	MSEN	98		00:47:07	190	00:46:46	188
250	CHRISTINA	ROACH	F	15	F50	4	City of Chester Triathlon Club	00:47:09	191	00:46:56	193
695	DAVID	GRIMSDITCH	M	177	MSEN	99		00:47:09	192	00:46:59	194
215	VICTORIA	WHITEHEAD	F	16	F40	5	Denbigh Harriers	00:47:11	193	00:47:11	200
672	DAVE	JONES	M	178	MSEN	100		00:47:14	194	00:46:51	189
648	JAMIE	JOHNSON	M	179	MSEN	101		00:47:16	195	00:47:08	198
517	JON	MARSDEN	M	180	M40	24		00:47:16	196	00:47:04	196
375	SIMONE	TONDELLONI	M	181	MSEN	102	Total Fitness	00:47:20	197	00:47:02	195
117	RUTH	COURT	F	17	F40	6		00:47:23	198	00:47:20	205
64	VICKY	TENNANT	F	18	FSEN	5		00:47:30	199	00:47:08	199
692	WARREN	BRADY	M	182	MSEN	103		00:47:31	200	00:47:25	208

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Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
358	JOE	CRAWFORD	M	183	MSEN	104		00:47:33	201	00:47:17	203
177	EDITH	GRUBER	F	19	FSEN	6	Cybi Striders	00:47:35	202	00:47:31	210
173	HOLLY	METCALFE	F	20	FSEN	7		00:47:36	203	00:47:36	214
582	Nigel	Waterhouse	M	184	M45	17		00:47:36	204	00:47:23	207
759	TONY	JACKSON	M	185	M45	18	FetchEveryone RC	00:47:36	205	00:47:11	201
599	COLIN	JONES	M	186	M55	10		00:47:43	206	00:47:35	213
652	BEN	DOBSON	M	187	MSEN	105		00:47:45	207	00:47:19	204
541	TERRY	DAVIES	M	188	M45	19		00:47:45	208	00:47:17	202
770	STEVE	HALLIGAN	M	189	M50	23		00:47:45	209	00:47:29	209
656	TIMOTHY	MACHIN	M	190	MSEN	106		00:47:46	210	00:47:20	206
509	NEIL	MADDOCKS	M	191	M40	25		00:47:49	211	00:47:37	215
146	JEAN	TAPPING	F	21	F50	5	Knowsley Harriers AC	00:47:50	212	00:47:44	216
368	RICHARD	CARPENTER	M	192	MSEN	107		00:47:52	213	00:47:35	212
597	DAVE	ELLWOOD	M	193	M55	11		00:47:56	214	00:47:49	217
170	CLARE LOUISE	MILLER	F	22	FSEN	8	Helsby RC	00:48:01	215	00:47:58	219
746	PHILIP	TAYLOR	M	194	M45	20	Deestriders	00:48:08	216	00:47:54	218
412	MING	LAU	M	195	MSEN	108		00:48:08	217	00:47:34	211
242	LESLEY	GOODSON	F	23	F45	1	NWRRC	00:48:09	218	00:48:02	220
188	MAXINE	BOOTH	F	24	FSEN	9	Knowsley Harriers AC	00:48:12	219	00:48:04	222
764	ANDY	POLLARD	M	196	M50	24		00:48:14	220	00:48:14	226
524	KEITH	SIMPSON	M	197	M40	26		00:48:16	221	00:48:04	221
217	CLARE	KILGALLON	F	25	F40	7	Widnes Wasps	00:48:24	222	00:48:21	229
471	JOHN	COLLINGS	M	198	MSEN	109		00:48:26	223	00:48:10	225
732	MICHAEL	GREER	M	199	M40	27	village road runners	00:48:26	224	00:48:05	223
518	MARK	TAIT	M	200	M40	28		00:48:27	225	00:48:15	227
29	ALISON	WILLIAMS	F	26	FSEN	10		00:48:27	226	00:48:23	231
766	JOHN	ROBB	M	201	M50	25		00:48:30	227	00:48:25	232
774	JIM	BARROW	M	202	M50	26	City of Chester Triathlon Club	00:48:30	228	00:48:25	233
16	CHARLOTTE	LINDOP	F	27	FSEN	11		00:48:33	229	00:48:33	236
442	JAMES	CHILDS	M	203	MSEN	110		00:48:33	230	00:48:30	234
352	DAVE	WOOTTON	M	204	MU17	3	Buckley Runners	00:48:34	231	00:48:07	224
752	PAUL	CUNLIFFE	M	205	M45	21		00:48:35	232	00:48:21	228
429	PAUL	BEVAN	M	206	MSEN	111		00:48:35	233	00:48:34	237
221	ANGIE	CHANNING	F	28	F40	8		00:48:37	234	00:48:31	235
409	CYMON	HUGHES	M	207	MSEN	112		00:48:49	235	00:48:23	230
237	SIAN	JONES	F	29	F45	2		00:48:54	236	00:48:36	238
789	DAVID LESLIE	CHALONER	M	208	M60	6		00:48:58	237	00:48:53	244
426	CIARAN	MARRON	M	209	MSEN	113	Knowsley Harriers AC	00:49:02	238	00:48:43	240
208	ANNA	O'HARE	F	30	F35	3		00:49:04	239	00:48:59	245
618	JIM	EDWARDS	M	210	M60	7	Birkenhead Athletics Club	00:49:06	240	00:48:52	243

### Sport in the Port 10k - 16.06.13

Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
13	REBECCA	CURRAN	F	31	FSEN	12		00:49:07	241	00:49:03	248
619	GRAHAM	HOWELL	M	211	M60	8	Liverpool Harriers & AC	00:49:07	242	00:49:03	247
532	ALAN	KIRKBY	M	212	M45	22		00:49:09	243	00:48:40	239
761	JOHN	KERR	M	213	M45	23		00:49:09	244	00:48:43	241
447	PAUL	HOLMES	M	214	MSEN	114		00:49:10	245	00:49:02	246
8	LUCY	HALLMARK	F	32	FSEN	13		00:49:10	246	00:49:10	255
116	SACHA	COOPER	F	33	F40	9	Lancs	00:49:15	247	00:49:03	249
417	LEE	HUGHES	M	215	MSEN	115		00:49:17	248	00:49:09	253
504	DAVID	STACEY	M	216	M40	29		00:49:17	249	00:49:05	251
523	PAUL	RILEY	M	217	M40	30		00:49:23	250	00:49:04	250
484	MATHEW	HAYES	M	218	MSEN	116		00:49:25	251	00:48:48	242
425	DANIEL	JOHNS	M	219	MSEN	117		00:49:31	252	00:49:09	254
145	FIONA	WILSON	F	34	F50	6	Macclesfield Harriers	00:49:31	253	00:49:27	258
575	DAVE	DOWSON	M	220	M50	27		00:49:33	254	00:49:06	252
714	MARTIN	CATTERALL	M	221	MSEN	118	Warrington Road Runners	00:49:35	255	00:49:30	259
600	KEVIN	CURTIS	M	222	M55	12		00:49:42	256	00:49:35	262
559	DARRIN	PERCY	M	223	M45	24	Ellesmere Port RC	00:49:42	257	00:49:25	257
260	Danella	Ebbell	F	35	F35	4	Ellesmere Port RC	00:49:44	258	00:49:44	269
468	ROB	KONSTANT-HAMBLING	M	224	MSEN	119		00:49:46	259	00:49:46	272
457	MARTYN	JONES	M	225	MSEN	120		00:49:52	260	00:49:43	268
603	KEITH	PEACOCK	M	226	M55	13	Knowsley Harriers AC	00:49:54	261	00:49:52	276
386	BYRON	CROSS	M	227	MSEN	121		00:49:56	262	00:49:51	275
465	MARK	HILL	M	228	MSEN	122		00:49:56	263	00:49:23	256
651	TOM	MCKEVITT	M	229	MSEN	123		00:49:57	264	00:49:47	273
499	GERAINT	JONES	M	230	M40	31		00:49:57	265	00:49:35	261
506	IAN	DOYLE	M	231	M40	32		00:50:00	266	00:49:40	265
512	NEIL	YOUNG	M	232	M40	33		00:50:01	267	00:49:36	263
496	STEPHEN	FLINT	M	233	M40	34		00:50:03	268	00:49:45	270
763	STEVE	MCGONAGLE	M	234	M50	28		00:50:03	269	00:49:46	271
632	TONY	BUTTERWORTH	M	235	MU17	4		00:50:06	270	00:49:34	260
554	DAVID	BUCKLEY	M	236	M45	25		00:50:07	271	00:49:43	267
743	JOHN	FROST	M	237	M40	35		00:50:09	272	00:49:48	274
698	TONY	LI	M	238	MSEN	124		00:50:09	273	00:49:39	264
631	MARK	DUGGAN	M	239	MU17	5		00:50:10	274	00:49:42	266
463	MARTIN	WRAGG	M	240	MSEN	125	Mow Cop Runners	00:50:15	275	00:49:58	278
133	ANDREA	O'NEILL	F	36	F45	3		00:50:15	276	00:49:58	279
445	IAN	EDWARDS	M	241	MSEN	126		00:50:16	277	00:49:53	277
767	GARY	WOOD	M	242	M50	29		00:50:17	278	00:50:06	283
711	GAVIN	GLAZEBROOK	M	243	MSEN	127		00:50:19	279	00:50:03	282
630	JEFF	CARRUTHERS	M	244	MU17	6		00:50:21	280	00:50:21	287

### Sport in the Port 10k - 16.06.13

Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
428	PAUL	SMITH	M	245	MSEN	128		00:50:24	281	00:50:15	285
505	DARREN	COOPER	M	246	M40	36		00:50:26	282	00:50:03	281
2	LAUREN	MEEGAN	F	37	FU17	1		00:50:26	283	00:50:00	280
56	ANTOINETTE	PERRY	F	38	FSEN	14		00:50:32	284	00:50:23	288
158	KATE	MANN	F	39	FSEN	15		00:50:32	285	00:50:28	290
238	LOUISE	MCEVELEY	F	40	F45	4		00:50:33	286	00:50:28	291
718	CHRIS	BYROM	M	247	M40	37		00:50:39	287	00:50:11	284
530	IVAN	PITMAN	M	248	M40	38		00:50:42	288	00:50:38	295
786	COLIN	HUNT	M	249	M55	14		00:50:45	289	00:50:24	289
686	NICK	FARRELL	M	250	MSEN	129		00:50:49	290	00:50:37	294
595	TERRY	AXON	M	251	M55	15		00:50:56	291	00:50:18	286
96	LOUISE	DAVIES	F	41	F35	5		00:50:56	292	00:50:30	292
420	STEVE	MORRIS	M	252	MSEN	130		00:50:57	293	00:50:49	298
108	ANDREA	THOM	F	42	F40	10		00:51:01	294	00:50:47	297
449	MAURIZIO	MOZZANO	M	253	MSEN	131		00:51:02	295	00:50:47	296
144	NICOLA	SAMUELS	F	43	F50	7		00:51:05	296	00:50:35	293
172	EMMA	MARSHALL	F	44	FSEN	16		00:51:11	297	00:51:01	302
494	MARK	BUTLER	M	254	M40	39		00:51:11	298	00:51:11	307
546	SIMON	KIRKBY	M	255	M45	26		00:51:11	299	00:51:11	308
395	ANDREW	WATSON	M	256	MSEN	132		00:51:12	300	00:50:58	299
141	ANNA LOUISE	RILEY	F	45	F50	8		00:51:12	301	00:51:09	305
566	DEREK	RALPHS	M	257	M45	27		00:51:15	302	00:51:00	301
176	LISA	HARMAN	F	46	FSEN	17		00:51:17	303	00:51:07	304
567	ANDREW	THOMPSON	M	258	M45	28		00:51:17	304	00:50:59	300
91	AMANDA	NEWALL	F	47	F35	6		00:51:24	305	00:51:22	314
464	ERIC	HENDERSON	M	259	MSEN	133		00:51:25	306	00:51:03	303
798	Paul	White	M	260	MSEN	134		00:51:27	307	00:51:15	309
46	VANESSA	AVILA	F	48	FSEN	18		00:51:27	308	00:51:10	306
112	KATH	HUGHES	F	49	F40	11		00:51:29	309	00:51:15	311
72	ALISON	TETLOW	F	50	FSEN	19		00:51:29	310	00:51:15	310
424	KEV	GREEN	M	261	MSEN	135		00:51:33	311	00:51:17	312
521	ALISTAIR	JEFFS	M	262	M40	40		00:51:34	312	00:51:24	315
159	GILLIAN	VERDIN	F	51	FSEN	20	Liverpool Running Club	00:51:38	313	00:51:28	316
66	AMY	BASTOW	F	52	FSEN	21		00:51:43	314	00:51:18	313
678	KARL	JOHNSTON	M	263	MSEN	136		00:51:46	315	00:51:38	323
243	ANGELA	ANDREWS	F	53	F45	5	liverpool running club	00:51:47	316	00:51:37	322
562	NICK	DIXON	M	264	M45	29		00:51:49	317	00:51:41	325
485	SHAFIQ	KHAN	M	265	MSEN	137	Blackburn Road Runners	00:51:50	318	00:51:35	320
419	NAEEM	KHAN	M	266	MSEN	138		00:51:51	319	00:51:35	319
15	RACHEL	HARRIS	F	54	FSEN	22		00:51:52	320	00:51:34	318



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Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
45	SARAH	SHAW	F	55	FSEN	23		00:51:52	321	00:51:40	324
513	JASON	CRUZ	M	267	M40	41		00:51:55	322	00:51:42	326
721	STEVEN	FRANCOM	M	268	M40	42		00:51:55	323	00:51:36	321
235	DEBBIE	HAWKER	F	56	F45	6	Ellesmere Port RC	00:51:56	324	00:51:47	329
537	RICHARD	SMITH	M	269	M45	30		00:52:05	325	00:51:33	317
4	HAYLEY	HUDSON	F	57	FJNR	1		00:52:05	326	00:52:01	331
435	MARK	MCGONIGLE	M	270	MSEN	139	Ellesmere Port RC	00:52:08	327	00:51:52	330
67	LISA	CARNEY	F	58	FSEN	24	Wallasey Athletics Club	00:52:08	328	00:51:44	328
660	MARTIN	SHAKESPEARE	M	271	MSEN	140		00:52:10	329	00:51:44	327
699	COLIN	STUHLFELDER	M	272	MSEN	141		00:52:21	330	00:52:05	334
756	IAIN	SMITH	M	273	M45	31		00:52:24	331	00:52:11	335
401	STEVEN	BULLEY	M	274	MSEN	142		00:52:26	332	00:52:05	333
142	RACHEL	SAUNDERS	F	59	F50	9	Wallasey Athletics Club	00:52:30	333	00:52:02	332
373	STEVEN	EDWARDS	M	275	MSEN	143		00:52:35	334	00:52:14	336
160	LAURA	DUNN	F	60	FSEN	25		00:52:37	335	00:52:35	345
9	AMY	HAMBLIN	F	61	FSEN	26		00:52:40	336	00:52:29	340
531	STEPHEN	EVANS	M	276	M45	32		00:52:40	337	00:52:30	341
78	NAOMI	CANE	F	62	F35	7		00:52:41	338	00:52:16	337
431	PAWEL	FOLFASINSKI	M	277	MSEN	144		00:52:48	339	00:52:34	344
750	MICK	OBRIEN	M	278	M45	33	Knowsley Harriers AC	00:52:49	340	00:52:46	349
758	ANDY	DIXON	M	279	M45	34		00:52:54	341	00:52:36	346
751	GARRY	NOON	M	280	M45	35		00:52:56	342	00:52:49	351
749	IAN	MALKIN	M	281	M45	36		00:52:57	343	00:52:30	342
769	ROGER	COMISH	M	282	M50	30		00:52:57	344	00:52:24	338
553	JACO	BAAS	M	283	M45	37		00:52:59	345	00:52:42	348
434	STEVE	LIDDIARD	M	284	MSEN	145		00:53:00	346	00:52:41	347
657	JACK	LAM	M	285	MSEN	146		00:53:02	347	00:52:29	339
396	ALEC	HIGGINSON	M	286	MSEN	147		00:53:03	348	00:52:30	343
397	Owain	Williams	M	287	MSEN	148		00:53:12	349	00:53:00	352
118	HELEN	MOORE	F	63	F40	12		00:53:13	350	00:53:01	353
739	ANDY	IVES	M	288	M40	43		00:53:14	351	00:52:48	350
405	PERRAN	BARAGWANATH	M	289	MSEN	149		00:53:20	352	00:53:12	358
644	JAMES	ARATHOON	M	290	MSEN	150		00:53:21	353	00:53:08	355
21	CHARLENE	FAULKNER	F	64	FSEN	27	Ellesmere Port RC	00:53:24	354	00:53:11	357
627	SCOTT	HUMPHREYS	M	291	MU17	7		00:53:27	355	00:53:12	359
560	SIMON	RUSHTON	M	292	M45	38		00:53:27	356	00:53:14	360
181	KATHRYN	PLUMRIDGE	F	65	FSEN	28		00:53:27	357	00:53:04	354
155	NIKKI	MURPHY	F	66	FU17	2		00:53:29	358	00:53:25	364
150	JAN	GREEN	F	67	F55	1		00:53:30	359	00:53:16	361
89	CLARE	JONES	F	68	F35	8		00:53:31	360	00:53:09	356

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Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
534	CHRIS	NOVE	M	293	M45	39		00:53:33	361	00:53:18	362
24	CHERYL	CHANEY	F	69	FSEN	29	PLODDERS	00:53:33	362	00:53:25	363
40	EMMA	BUCKLEY	F	70	FSEN	30	Widnes Wasps	00:53:34	363	00:53:26	365
634	STEVE	CONWAY	M	294	MJNR	2	Liverpool Running Club	00:53:45	364	00:53:36	370
609	CHARLES	CASTLETON	M	295	M55	16		00:53:52	365	00:53:47	374
88	EDYTA	BURGESS	F	71	F35	9		00:53:52	366	00:53:32	367
193	HELEN	WOODS	F	72	F35	10		00:53:55	367	00:53:46	372
738	STEPHEN	BUSHELL	M	296	M40	44		00:53:57	368	00:53:32	366
624	JACK	THOMAS	M	297	M70	1	Buckley Runners	00:54:00	369	00:53:51	377
479	PETER	SMITH	M	298	MSEN	151		00:54:01	370	00:53:33	368
211	SONIA	PLATT	F	73	F35	11		00:54:04	371	00:53:51	379
748	STEVE	PLATT	M	299	M45	40		00:54:05	372	00:53:51	378
388	TONY	ICKE	M	300	MSEN	152		00:54:06	373	00:53:46	373
568	ANDREW	ATKINSON	M	301	M50	31	Northern Veterans	00:54:06	374	00:53:51	376
70	ZOE	HANCOCK	F	74	FSEN	31		00:54:07	375	00:53:54	380
788	STEPHEN	CHURCH	M	302	M55	17		00:54:08	376	00:53:36	369
168	REBECCA	RUSHTON	F	75	FSEN	32		00:54:09	377	00:53:58	382
661	DUNCAN	MITCHELL	M	303	MSEN	153		00:54:10	378	00:53:39	371
669	MARK	EDWARDS	M	304	MSEN	154		00:54:12	379	00:54:03	385
803	MARTIN	LEACH	M	305	MSEN	155		00:54:14	380	00:54:01	384
174	MICHELLE	LUNT	F	76	FSEN	33		00:54:16	381	00:53:48	375
245	CLARE	LOWERY	F	77	F50	10	Widnes Wasps	00:54:19	382	00:54:16	390
147	ANN	BALL	F	78	F50	11	Ellesmere Port RC	00:54:21	383	00:54:04	386
354	ZACHARIAH	JARVIS	M	306	MSEN	156		00:54:25	384	00:54:21	394
470	JEFF	WEIGH	M	307	MSEN	157		00:54:26	385	00:54:09	387
406	RICHIE	FRANKLIN	M	308	MSEN	158		00:54:26	386	00:53:56	381
704	MAL	TAYLOR	M	309	MSEN	159		00:54:31	387	00:53:59	383
637	CHRIS	COUGHLIN	M	310	MSEN	160		00:54:35	388	00:54:18	391
639	ANDREW	CARPENTER	M	311	MSEN	161		00:54:36	389	00:54:18	392
795	Alan	Milburn	M	312	MSEN	162		00:54:38	390	00:54:13	389
182	ELIZABETH	WATSON	F	79	FSEN	34		00:54:38	391	00:54:36	396
783	ANDY	HYDE	M	313	M55	18		00:54:39	392	00:54:32	395
773	STEVEN	DAVIES	M	314	M50	32		00:54:41	393	00:54:10	388
361	CALLUM	CURRIER	M	315	MSEN	163		00:54:48	394	00:54:19	393
378	JAMIE	DUNNING	M	316	MSEN	164		00:54:55	395	00:54:36	398
167	STEPH	PRICE	F	80	FSEN	35	Ellesmere Port RC	00:55:00	396	00:54:40	401
364	ANDREW	DOUSE	M	317	MSEN	165		00:55:00	397	00:54:54	402
578	GLENN	BLUNDELL	M	318	M50	33		00:55:02	398	00:54:37	399
579	COLIN	CLERKIN	M	319	M50	34		00:55:03	399	00:54:56	403
571	MARK	MOORE	M	320	M50	35		00:55:04	400	00:54:36	397

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Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
724	SHAUN	PARTINGTON	M	321	M40	45	Wrexham AC	00:55:06	401	00:54:39	400
547	VENKATA	KOPPANA	M	322	M45	41		00:55:27	402	00:55:15	406
625	LAWRENCE	BROWN	M	323	M70	2	Birkenhead Athletics Club	00:55:28	403	00:55:17	408
95	DAWN	ALLIS	F	81	F35	12		00:55:30	404	00:55:12	404
55	KERRI	MCINTOSH	F	82	FSEN	36		00:55:32	405	00:55:21	410
542	LESZEK	SYROKA	M	324	M45	42		00:55:40	406	00:55:14	405
207	SALLY	MCQUEEN	F	83	F35	13		00:55:41	407	00:55:20	409
165	SARAH	REMMERT	F	84	FSEN	37		00:55:41	408	00:55:36	415
131	DIANNE	MARKEY	F	85	F45	7	Ellesmere Port RC	00:55:45	409	00:55:27	413
199	LESLEY	BROWN	F	86	F35	14	Birchfield Harriers	00:55:47	410	00:55:23	411
677	PHILIP	WOOLFORD	M	325	MSEN	166		00:55:47	411	00:55:16	407
762	STEPHEN	CLIFT	M	326	M45	43		00:55:51	412	00:55:26	412
222	SOPHIE	EVERETT	F	87	F40	13		00:55:53	413	00:55:37	416
415	PAUL	RICE	M	327	MSEN	167		00:55:58	414	00:55:41	417
114	NICOLA	PERRINS	F	88	F40	14	City of Chester Triathlon Club	00:56:03	415	00:55:46	418
98	EVE	OWEN-SMITH	F	89	F35	15	Wallasey Athletics Club	00:56:03	416	00:55:35	414
248	ELAINE	CHARLES	F	90	F50	12		00:56:06	417	00:56:02	424
794	PHIL	HUMPHREYS	M	328	M70	3		00:56:06	418	00:55:50	419
667	PAUL	FOLLY	M	329	MSEN	168		00:56:09	419	00:55:51	420
498	ANDY	HEAD	M	330	M40	46		00:56:15	420	00:55:53	421
69	TRACY	GALLAGHER	F	91	FSEN	38		00:56:23	421	00:56:01	423
139	EIRIAN	COMMINS	F	92	F45	8		00:56:24	422	00:56:00	422
454	DAVE	GALLAGHER	M	331	MSEN	169		00:56:24	423	00:56:02	425
771	JEREMY	CONNOLLY	M	332	M50	36		00:56:33	424	00:56:16	428
37	ALICE	YATES	F	93	FSEN	39	Lordshill Road Runners	00:56:33	425	00:56:13	426
443	STUART	DAVIES	M	333	MSEN	170		00:56:40	426	00:56:17	429
623	STEPHEN	HOWARTH	M	334	M65	1	West Cheshire AC	00:56:45	427	00:56:31	433
690	DAN	LODGE	M	335	MSEN	171		00:56:47	428	00:56:15	427
206	CLAIRE	MCVEY	F	94	F35	16		00:56:48	429	00:56:25	431
413	JAMES	LEWINGTON	M	336	MSEN	172		00:56:52	430	00:56:19	430
520	PHILIP	HALL	M	337	M40	47		00:56:57	431	00:56:33	434
27	LUCY	SKELTON	F	95	FSEN	40		00:56:59	432	00:56:31	432
231	SARAH	GILMORE	F	96	F45	9		00:57:00	433	00:56:40	435
500	JUSTIN	MADDERS	M	338	M40	48		00:57:00	434	00:56:52	440
730	SCOTT	CHERRY	M	339	M40	49		00:57:01	435	00:56:52	442
195	CATHERINE	DOYLE	F	97	F35	17	Knowsley Harriers AC	00:57:04	436	00:56:42	436
736	JOSEPH	DOYLE	M	340	M40	50		00:57:05	437	00:56:42	437
121	NATHALIE	REES	F	98	F40	15	City of Chester Triathlon Club	00:57:06	438	00:56:50	439
804	Jack	Lambert	M	341	MSEN	173		00:57:08	439	00:37:04	17
459	PAUL	LUND	M	342	MSEN	174		00:57:14	440	00:56:45	438

### Sport in the Port 10k - 16.06.13

Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
49	AMY	DUTTON	F	99	FSEN	41		00:57:17	441	00:56:59	446
601	ALAN	DUCKERS	M	343	M55	19	City of Chester Triathlon Club	00:57:18	442	00:56:53	443
189	L	DIRIR	F	100	FSEN	42		00:57:20	443	00:57:09	448
157	LARA	FIELD	F	101	FJNR	2		00:57:20	444	00:57:12	449
93	ADELE	ROSENBLOOM	F	102	F35	18	Knowsley Harriers AC	00:57:21	445	00:56:57	444
549	PETE	MOORE	M	344	M45	44		00:57:22	446	00:57:16	454
42	LAURA	JOHNSON	F	103	FSEN	43		00:57:23	447	00:56:52	441
130	REBECCA	LEAK	F	104	F45	10		00:57:25	448	00:57:16	453
106	CLAIRE	RICHARDS	F	105	F40	16		00:57:25	449	00:56:58	445
148	BARBARA	SHUTTLEWORTH	F	106	F55	2		00:57:28	450	00:57:14	451
227	LOUISE	ADAMS	F	107	F40	17		00:57:29	451	00:57:25	457
244	JANET	ROBB	F	108	F50	13		00:57:30	452	00:57:14	452
34	JAGODA	KACZMARZYK	F	109	FSEN	44		00:57:34	453	00:57:07	447
673	STU	JONES	M	345	MSEN	175		00:57:36	454	00:57:13	450
249	JULIE	PEARCE	F	110	F50	14	Ellesmere Port RC	00:57:43	455	00:57:25	456
781	CARL	WYNNE	M	346	M55	20		00:57:48	456	00:57:20	455
389	ADAM	JOHNSON	M	347	MSEN	176		00:57:50	457	00:57:32	459
372	CHRIS	SPANN	M	348	MSEN	177		00:57:51	458	00:57:40	463
127	CARRIE	O'KEEFFE	F	111	F40	18		00:57:56	459	00:57:28	458
149	GILL	CLINGHAM	F	112	F55	3	City of Chester Triathlon Club	00:58:02	460	00:57:35	462
194	ANDREA	HILL-JONES	F	113	F35	19	St Helens Striders	00:58:03	461	00:57:34	461
232	ANITA	HALL	F	114	F45	11	St Helens Striders	00:58:04	462	00:57:34	460
765	CHRIS	TIDSWELL	M	349	M50	37		00:58:04	463	00:57:41	464
25	HARRIET	MORRIS	F	115	FSEN	45		00:58:11	464	00:57:46	465
203	TANYA	DOWNES	F	116	F35	20		00:58:17	465	00:57:47	467
399	ROB	WOODS	M	350	MSEN	178		00:58:18	466	00:57:46	466
74	ORLAIGH	DENNIS	F	117	F35	21		00:58:23	467	00:58:14	473
259	Carmel	Barnett	F	118	F55	4		00:58:25	468	00:58:05	469
197	CAROLE	RICHARDSON	F	119	F35	22		00:58:26	469	00:58:05	471
727	ANDY	HARRISON	M	351	M40	51		00:58:26	470	00:57:51	468
204	SAMANTHA	ROGERS	F	120	F35	23		00:58:28	471	00:58:05	470
198	SARAH	MARRIOTT	F	121	F35	24		00:58:32	472	00:58:11	472
615	KARL	SCHULZE	M	352	M60	9		00:58:38	473	00:58:22	475
134	HAZEL	TWEEDIE	F	122	F45	12		00:58:42	474	00:58:23	476
122	WENDY	ROBERTS	F	123	F40	19		00:58:46	475	00:58:27	477
744	NEIL	WICKHAM	M	353	M40	52		00:58:48	476	00:58:16	474
128	SHARON	TRAN	F	124	F40	20	City of Chester Triathlon Club	00:58:50	477	00:58:33	480
7	CERI	GRUBE	F	125	FSEN	46		00:58:55	478	00:58:41	482
742	JON	WHITEHEAD	M	354	M40	53	Denbigh Harriers	00:58:56	479	00:58:56	488
151	MAUREEN	EDWARDS	F	126	F55	5	Birkenhead Athletics Club	00:59:02	480	00:58:42	483

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Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
123	BEVERLEY	GOODSON	F	127	F40	21	Deestridders	00:59:04	481	00:58:31	479
570	ANDREW	MASSEY	M	355	M50	38		00:59:05	482	00:58:31	478
137	MARIA	RUSHTON	F	128	F45	13		00:59:06	483	00:58:53	486
20	RACHAEL	BERRY	F	129	FSEN	47		00:59:07	484	00:59:07	493
110	RACHEL	BEDDOWS	F	130	F40	22		00:59:08	485	00:58:50	484
598	DAVID	HUGHES	M	356	M55	21		00:59:09	486	00:59:02	491
622	ANDREW	HORNE	M	357	M65	2	West Cheshire AC	00:59:11	487	00:58:40	481
223	MORAG	SUTTON	F	131	F40	23	Razzer's Runners	00:59:14	488	00:58:59	490
251	ANGELA	GWYNN	F	132	F55	6	Birkenhead Athletics Club	00:59:16	489	00:58:55	487
664	RUSSELL	JACQUES	M	358	MSEN	179		00:59:22	490	00:58:58	489
35	JOANNE	SCHULZE	F	133	FSEN	48		00:59:22	491	00:59:06	492
71	CHERYL	JONES	F	134	FSEN	49	Deestridders	00:59:23	492	00:58:51	485
59	HAYLEY	EVANS	F	135	FSEN	50		00:59:24	493	00:59:18	499
50	SHARON	EDWARDS	F	136	FSEN	51		00:59:25	494	00:59:19	501
754	ALAN	WILLIAMS	M	359	M45	45		00:59:25	495	00:59:14	497
154	BECKY	POMEROY	F	137	FU17	3		00:59:30	496	00:59:17	498
52	KAREN	NASH	F	138	FSEN	52		00:59:31	497	00:59:19	500
1	TRACY	BRINDLEY	F	139	FU17	4		00:59:32	498	00:59:32	509
14	AMY	HALLIGAN	F	140	FSEN	53		00:59:38	499	00:59:23	503
702	MARK	BOWDEN	M	360	MSEN	180		00:59:40	500	00:59:11	495
156	ELAINE	STANHOPE	F	141	FU17	5		00:59:41	501	00:59:30	508
97	SUE	GALLAGHER	F	142	F35	25		00:59:41	502	00:59:22	502
734	JASON	WINTERSON	M	361	M40	54		00:59:41	503	00:59:24	504
511	PAUL	SHANLEY	M	362	M40	55		00:59:42	504	00:59:11	494
720	ANDREW	MACINTOSH	M	363	M40	56		00:59:44	505	00:59:25	506
489	PETER	PHILLIPS	M	364	MSEN	181		00:59:44	506	00:59:12	496
216	AMANDA	FRENCH	F	143	F40	24		00:59:45	507	00:59:26	507
799	CHRIS	MUTTON	M	365	M45	46		00:59:53	508	00:59:25	505
391	JAKE	LONGWORTH	M	366	MSEN	182		00:59:55	509	00:59:40	513
101	SHARON	CARNEY	F	144	F40	25		00:59:58	510	00:59:34	510
44	MAXINE	MORRIS	F	145	FSEN	54		00:59:59	511	00:59:38	512
63	LISA	RILEY	F	146	FSEN	55		01:00:00	512	00:59:36	511
728	ANDY	COTTERILL	M	367	M40	57		01:00:00	513	00:59:47	516
62	KARI	MONAGHAN	F	147	FSEN	56		01:00:03	514	00:59:42	514
219	HELEN	EATON	F	148	F40	26		01:00:07	515	00:59:45	515
57	OLIVIA	SMITH	F	149	FSEN	57		01:00:18	516	00:59:54	518
558	NICK	NEWTON	M	368	M45	47		01:00:20	517	00:59:51	517
583	STEVE	WARD	M	369	M50	39		01:00:24	518	00:59:59	519
355	MATTHEW	SKINNER	M	370	MSEN	183		01:00:36	519	00:59:59	520
253	Helen	Buckley	F	150	F35	26		01:00:40	520	01:00:28	524

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Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
225	MARIA	HARRINGTON	F	151	F40	27		01:00:41	521	01:00:07	521
79	AMANDA	COLLOBY	F	152	F35	27		01:00:42	522	01:00:22	523
60	SUSAN	JONES	F	153	FSEN	58		01:00:43	523	01:00:37	526
205	DEBORAH	MORRIS	F	154	F35	28		01:00:46	524	01:00:16	522
39	GEMMA	NASH	F	155	FSEN	59		01:00:49	525	01:00:42	528
234	MARIA	HAIGH	F	156	F45	14	Birkenhead Athletics Club	01:00:49	526	01:00:31	525
201	KATH	TYMS	F	157	F35	29	winston runners	01:01:02	527	01:00:39	527
220	RONDA	CRITCHLEY	F	158	F40	28		01:01:10	528	01:01:10	536
491	ALEX	THRELKELD	M	371	MSEN	184		01:01:19	529	01:01:00	529
87	WENDY	ROBERTS	F	159	F35	30		01:01:20	530	01:01:01	530
621	JOSEPH	GOW	M	372	M65	3		01:01:24	531	01:01:07	533
735	TOM	ELLIS	M	373	M40	58		01:01:24	532	01:01:02	531
90	EMMA	JONES	F	160	F35	31		01:01:28	533	01:01:03	532
780	JOHN	KANE	M	374	M55	22	AKA	01:01:35	534	01:01:13	538
132	ANITA	CORRIGAN	F	161	F45	15		01:01:39	535	01:01:13	537
370	LEE	MCCAFFREY	M	375	MSEN	185		01:01:40	536	01:01:14	539
124	MARIA	HALLIGAN	F	162	F40	29		01:01:41	537	01:01:09	535
86	LLINOS	HUGHES	F	163	F35	32		01:01:43	538	01:01:36	543
645	MARK	MCDONAGH	M	376	MSEN	186		01:01:45	539	01:01:09	534
555	BRENDAN	CLARK	M	377	M45	48		01:01:52	540	01:01:21	540
175	ELLEN	SHAKESPEARE	F	164	FSEN	60		01:01:56	541	01:01:29	541
801	Jonathon	Marshel	M	378	MSEN	187		01:01:56	542	01:01:29	542
777	MARK	GORBERT	M	379	M50	40		01:01:58	543	01:01:41	544
214	FRANCESCA	DAVIES	F	165	F40	30		01:01:58	544	01:01:47	547
254	Emma	Walker	F	166	F40	31		01:01:59	545	01:01:46	546
125	SUSAN	LEDSOM	F	167	F40	32		01:02:09	546	01:01:51	548
233	JULIE	MORTON	F	168	F45	16		01:02:11	547	01:01:57	549
230	JANE	FISHER	F	169	F45	17		01:02:17	548	01:02:13	551
791	KEVIN	DICKINSON	M	380	M60	10		01:02:19	549	01:01:46	545
61	HOLLIE	MCFARLANE	F	170	FSEN	61		01:02:30	550	00:42:24	84
99	TRACEY	SADLER	F	171	F35	33		01:02:37	551	01:02:03	550
228	NICOLA	JAYNES	F	172	F40	33	Ellesmere Port RC	01:02:50	552	01:02:32	555
26	HANNAH	ORMEROD	F	173	FSEN	62		01:02:51	553	01:02:34	556
545	GARY	DAWBER	M	381	M45	49		01:02:51	554	01:02:25	552
136	JULIE	POWELL	F	174	F45	18		01:02:52	555	01:02:26	553
611	PETER	MILBURN	M	382	M60	11		01:02:55	556	01:02:30	554
18	LAURA	BLUNDELL	F	175	FSEN	63		01:03:20	557	01:02:59	559
3	JOANNA	WOOD	F	176	FJNR	3		01:03:26	558	01:03:22	562
357	CALLUM	CARSON	M	383	MSEN	188		01:03:29	559	01:02:54	557
414	Martin	Connell	M	384	M40	59		01:03:30	560	01:02:58	558

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Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
241	DEB	CONNELL	F	177	F45	19	Wallasey Athletics Club	01:03:30	561	01:03:02	560
51	RACHEL	KEATING	F	178	FSEN	64		01:03:31	562	01:03:06	561
166	MICHELLE	COWEN	F	179	FSEN	65		01:03:53	563	01:03:46	573
119	AMANDA	MUNDY	F	180	F40	34		01:03:57	564	01:03:33	565
226	CLAIRE	HURST	F	181	F40	35		01:03:59	565	01:03:35	567
481	EDDIE	VINE	M	385	MSEN	189		01:04:00	566	01:03:31	564
92	SUSAN	PIPER	F	182	F35	34		01:04:01	567	01:03:28	563
102	SUE	EUERS	F	183	F40	36		01:04:01	568	01:03:42	570
75	LOUISE	JONES	F	184	F35	35	Ellesmere Port RC	01:04:03	569	01:03:43	571
190	KATHRYN	KENNEDY	F	185	FSEN	66		01:04:03	570	01:04:03	576
41	EMMA	CARELESS	F	186	FSEN	67		01:04:08	571	01:03:38	568
113	JACKIE	PALMER	F	187	F40	37		01:04:08	572	01:03:35	566
256	Stacy	Wilkinson	F	188	FSEN	68		01:04:11	573	01:03:46	572
65	STEPHANIE	WILLIAMSON	F	189	FSEN	69		01:04:13	574	01:03:42	569
77	VICTORIA	BARTON	F	190	F35	36		01:04:18	575	01:03:54	574
501	SAM	PARKER	M	386	M40	60		01:04:18	576	01:03:56	575
36	RACHEL	SMITH	F	191	FSEN	70		01:04:35	577	01:04:11	577
81	SAFIEH	HABIBI	F	192	F35	37		01:04:51	578	01:04:28	578
100	EMILY	WARING	F	193	F35	38		01:05:09	579	01:04:59	583
551	LEON	RICHARDS	M	387	M45	50		01:05:09	580	01:04:59	582
218	JOANNE	VICKERS	F	194	F40	38		01:05:10	581	01:04:46	579
240	HELEN	HEATH	F	195	F45	20		01:05:11	582	01:04:47	580
793	DAN	COOPER	M	388	M70	4		01:05:13	583	01:04:57	581
508	PETER	LUDFORD	M	389	M40	61		01:05:31	584	01:05:15	585
17	KATHARINE	BEE	F	196	FSEN	71		01:05:40	585	01:05:12	584
129	SUZANNE	HALLIDAY	F	197	F45	21	Ellesmere Port RC	01:05:48	586	01:05:29	588
480	TOMASZ	TROCHANOWSKI	M	390	MSEN	190		01:05:55	587	01:05:29	587
152	MARGARET	DELANEY	F	198	F60	2	Birkenhead Athletics Club	01:05:56	588	01:05:36	589
183	SARAH	ANDERSON	F	199	FSEN	72		01:05:59	589	01:05:27	586
169	EMILY	LUCAS	F	200	FSEN	73		01:06:06	590	01:05:39	590
12	RACHEL	NORTH	F	201	FSEN	74		01:06:07	591	01:05:46	591
180	EMMA	JOHNSON	F	202	FSEN	75		01:06:31	592	01:06:25	594
626	JOHN	NOAKES	M	391	M75	1	Holmes Chapel Harriers	01:06:33	593	01:06:03	592
416	ROBERT	DENMAN	M	392	MSEN	191		01:06:44	594	01:06:20	593
164	ASHLEY	ROBERTS	F	203	FSEN	76		01:06:46	595	01:06:39	595
753	MARK	BERGIN	M	393	M45	51		01:07:12	596	01:07:05	597
229	KATHY	BERGIN	F	204	F40	39		01:07:13	597	01:07:05	598
138	DIANE	BLUNDELL	F	205	F45	22		01:07:20	598	01:06:57	596
261	Tracy	Deponeo	F	206	F40	40		01:08:05	599	01:07:50	601
82	ANGHARAD	JONES	F	207	F35	39		01:08:06	600	01:07:35	600

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Race#	Forename	Surname	Gender	Gender Pos	Cat	Cat Pos	Club	Gun Time	Pos	Chip Time	Pos
451	KEVIN	SMALL	M	394	MSEN	192		01:08:06	601	01:07:35	599
30	GEMMA	EDWARDS	F	208	FSEN	77		01:08:12	602	01:07:56	602
109	RACHAEL	BARLOW	F	209	F40	41	Ellesmere Port RC	01:08:22	603	01:08:01	603
236	ELLEN	MCELHINNEY	F	210	F45	23	Ellesmere Port RC	01:08:22	604	01:08:03	604
162	LAUREN	MAGUIRE	F	211	FSEN	78		01:08:41	605	01:08:38	606
422	RICHARD	SMITH	M	395	MSEN	193		01:08:43	606	01:08:20	605
381	MIKE	MODRATE	M	396	MSEN	194		01:08:56	607	01:08:39	608
10	LUCY	HUNT	F	212	FSEN	79		01:09:10	608	01:08:38	607
22	Janet	Garner	F	213	F50	15		01:10:14	609	01:09:39	609
778	RICHARD	GARNER	M	397	M50	41		01:10:14	610	01:09:40	610
120	CHRISTINE	WORTLEY	F	214	F40	42		01:10:28	611	01:09:58	611
784	MARTIN	SCHOFIELD	M	398	M55	23		01:11:08	612	01:10:39	612
33	LAURA	ICKE	F	215	FSEN	80		01:11:33	613	01:11:12	613
73	KATHERINE	TOTTY	F	216	FSEN	81		01:13:34	614	01:13:07	614
351	ROBBIE	DAVIES	M	399	MU17	8		01:13:35	615	01:13:22	615
209	KIKI	THOMPSON	F	217	F35	40		01:13:51	616	01:13:25	616
252	HELEN	MACHIN	F	218	FSEN	82		01:13:53	617	01:13:26	617
202	VICTORIA	TAYLOR	F	219	F35	41		01:13:55	618	01:13:26	618
697	LEE	ASHMORE	M	400	MSEN	195		01:15:28	619	01:14:55	619
179	REBECCA	ANDERSON	F	220	FSEN	83		01:15:29	620	01:14:57	620
163	RUTH	CARPENTER	F	221	FSEN	84		01:16:26	621	01:16:07	621
185	PHILIPPA	REYNOLDS	F	222	FSEN	85		01:19:34	622	01:19:24	622
792	NORMAN	GRUNDY	M	401	M65	4	Birkenhead Athletics Club	01:20:19	623	01:19:58	623